

THERAPEUTIC WINDOW



UCSF School of Pharmacy

ASSP | WINTER 2019

That's All Folks!



ASSP Board 2018-2019

By: Rosalind Tom
ASSP President

After two and a half years, this Therapeutic Window article marks the last of my responsibilities as the president of ASSP and all I have left to say is thank you. These past couple years have been a blur, but as the saying goes, I will never forget how it made me feel. My position allowed me to feel grateful every single day to be a part of a community unafraid to move forward. My position brewed fear and forced constant adaptation to change. More importantly, my position revealed that through this all, I would always be able to rely on the incredible abilities and dedication of my colleagues.

As a new generation of leaders set forth this next year, I need to acknowledge the leaders who built the foundation for my succession as well as those who have continued to progress these positions for the future of student life at UCSF. UCSF School of Pharmacy will always boast the most enriching opportunities and unique experiences and that is all because of you. Regardless of what challenges lay ahead, my position has taught me that nothing is impossible for us. Thank you to everyone who has made a difference in our program and for allowing me to be a part of this all.

—  —
THANK YOU

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EDITED BY STEPHANIE SON

Winter 2019 Student of the Quarter

By: Sally Ip

ASSP VP of Internal Affairs

On behalf of ASSP, I would like to award Kristin, Thalia, and Melvin the Fall SOTQ for their contributions to their respective classes.

Ereca Nguyen

Class of 2020

Ereca is such a thoughtful, compassionate person. She is always willing to sit down with her classmates to teach them any difficult topics, or lend an ear when anyone is stressing out. No matter how big her workload, she will take the time to be there for her peers. She is incredibly dedicated to the projects that she is involved in. As a carbon neutrality fellow, she has founded an interprofessional organization to foster awareness of climate change and empower future healthcare leaders to make a difference. She truly believes in everything she does, and somehow manages to balance school, work, her fellowship project, and her involvement in many major campaigns (LGBTQ and Script Your Future being some of them) without once complaining or feeling overwhelmed. Her passion really sets her apart to be a great future leader in pharmacy.

Jennifer Le

Class of 2021P

Spearheading a new project is always difficult. It becomes even more difficult when coordinating around student schedules, accommodating for various interests, and doing your best to encourage external participation. Jennifer Le has done an outstanding job of facilitating a brand new experience via the Crash Course series. As a presenter, I felt both honored and empowered to work with Jennifer, as she guided the creation of materials and honed in on topics of difficulty. The fruits of her labor can be seen through the degree of audience participation. Having more than 20 P2s show up on a Sunday before a midterm is no easy feat. She embodies what I believe a student pharmacist should be, an innovator of positive change for future classes to come. I am grateful to have her as a classmate and look forward to working with her as a future pharmacist.

Brandon Ross

Class of 2021T

Brandon always gives 100% and is not afraid to speak up. He is always there if anyone needs anything.

Class of 2019: As We Go On, We Remember

*By: Kate Misogas
Class of 2019 President*

It is surreal to me to think that we are in the last few weeks of our time as pharmacy students. The past four years have been a blur of exams, OSCEs, Moffit breakfasts, student org meetings and events, squinting at data sets, and sitting in HSW. We've spent the better part of this year delving into primary literature and guidelines, performing research, re-learning BioStats, exploring a different city, and experiencing parts of pharmacy we never had before.

We approach the finish line with mixed emotions of exhaustion, anticipation, excitement, and (for some) trepidation for what lies ahead. Some are ready to tackle life after graduation, some teeter on the precipice of uncertainty, and others are just taking it one day at a time, eagerly waiting to see what the future holds. Regardless of where you may stand, I hope that each student from the Class of 2019 realizes just how much they have achieved as students here.

The graduates crossing the Davies Symphony Hall stage this upcoming May will be very different from the bright-eyed and bushy-tailed counterparts from our white coat ceremony in October 2015. Although it may be an easy, short walk from our seats to center stage, it's been quite an arduous journey to get to where we are today. I am so incredibly proud of the professional and personal growth and accomplishments of the Class of 2019.

Personally, it is a bittersweet moment to realize that in just a few short months, I'll be moving on from this chapter in my life. I will always have a special connection to UCSF, its students and faculty, and the beautiful city of San Francisco. It has been a privilege to serve the student body and the amazing Class of 2019. I cannot wait to see you all again in May and celebrate everything (big and small) we have accomplished throughout our four years together! And as our lives change, come whatever, we will still be a pharmily forever.

Class of 2020: It's Not Goodbye, It's See You Later

*By: Jonathon Nguyen
Class of 2020 President*



P3 Sunset Bar Crawl: P3's made their last call around the bars in the Sunset

Everyone always says pharmacy school will go by sooner than you think. It feels like just yesterday the class of 2020 stepped onto campus for orientation and encountered their first challenge of pharmacy school: remembering everyone's names and faces. Fast forward three years, we have grown so close that the term "Pharmily" really is the only way to describe it. We've encountered numerous challenges, shared countless laughs, and endured our way through FOUR quarters of therapeutics. Pip/tazo and

Biktarvy became our drugs of choice, and we have now become experts at handling five group projects at once. It's bittersweet that our time at UCSF is coming to an end, but we were lucky to share a plethora of moments that sparked much joy such as the Blind Dinner Date Social and Sunset Bar Crawl. As we move on to our rotations and tackle new challenges, remember that we always have each other. We look forward to reuniting next year!



P3 Send off: The class of 2020 saying our final goodbyes at Emporium SF

Class of 2021P: 'Twas the Night Before Deadlines

By: Jennifer Le
Class of 2021P President



P2s Connie Chen, Kristine Bielaski, Thalia McCann, Kharissa Shaw, Calvin Hwang, Jennifer Le, Eileen Bang, Sally Ip, and Alice La celebrate as they finished their first Crash Course on Therapeutics presentation.

As 2018 comes to a close, it's hard to imagine that the If we could describe the P2 class this quarter in one word, it would be persevering. This quarter the P2 class

tackled our first therapeutics course (and the other tough courses) with great perseverance and determination. With all that we had on our plate, we still came through to host amazing student-led events in our various organizations, come out to networking and community events, and support each other along this journey. We successfully hosted our peer-run Crash Course on Therapeutics sessions focusing on the reproductive, thyroid, renal, respiratory, and gastrointestinal systems. These sessions were a great way to review our physiology and pharmacology topics before learning therapeutics the week after. Great job to all of the 18 P2 Crash Course facilitators and 6 workgroup leaders!

Mx. Pharmacy is a fun, interactive event where 2 competitors

from each class of the School of Pharmacy participates in various games, Q&A session, relay race, and talent showcasing. This year, Mx. Pharmacy was a free event in order to increase participation and to promote camaraderie and festive fun before P3 students are off on their rotations. Shout out to the P1 Class for helping us fund for the In n Out burgers for the audience! Time flew by as the crowd cheered for their classmates. By the end of the night, our judges, Dr. Marilyn Stebbins and Jon Rey crowned the final winners from the P3 class, Justin Allen and Emily Hsu, who ended the night in their Mx. Pharmacy crowns and sashes.

This quarter, P2 Class Cabinet also had a Patagonia x UCSF sweater fundraiser, 2 exercise classes, and a peer appreciation column in our bolus to keep morale and love high! You all are doing an amazing job, P2s!



Emily Hsu, Catherine Chen, Jackie El-Sokkary, Justin Allen, Margaret Yang, and Kharissa Shaw were our competitors for this year's Mx. Pharmacy Competition.

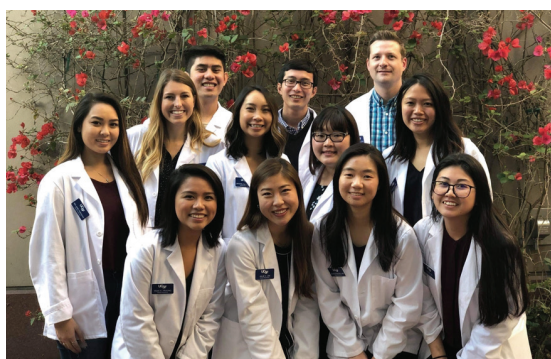
Class of 2021T: Moments That Take Your Breath Away

By: Mehr Virk
Class of 2021T President



2019-2020 ASSP Board Members
Left to Right: Roy Weng, Mehr Virk, Gabi Driller, Tran Truong, Sally Ip, Fanny Ye, Melvin Quindoy Jr., Huy Ha

Starting off the new year, we were fortunate enough to have the opportunity to work with the medical students during our 2 weeks of Inquiry Immersion. From learning about the opioid epidemic to health disparities, we all had the chance to take a closer look at an issue impacting healthcare and create a visual presentation as a part of a showcase to show what we learned. After this, we began to work closely with Dr. Floren, the theme director for our respiratory block. Throughout this block, we became experts on OTC medications for common ailments, first-hand screeners for smoking cessation, and grade A



San Francisco VA Medical Center P1 Interns
Back: Thien Nguyen, Edgardo Mendoza Jr., Brandon Ross
Middle: Melamie Paragas, Gabi Driller, Crystal Nguyentan, Christine Min, Sharon Luong
Front: Tran Truong, Julie Lim, Jacklyn Ang, Brenda Do

counselors in inhaler use. While the block went by fast, members of our class have continued to work tirelessly in RCOs from setting up lunch talks, to round tables, to community service events both

within and outside of UCSF. Students have taken up greater responsibilities as board members, interns have continued to balance school and work, and others are excitedly preparing for the incoming class to join our UCSF pharmacy. As we head into our last block as P1's, it's crazy to think we're that much closer to starting our hospital IPPEs this summer and our APPEs months later. Though it may not feel like we always have a chance to catch our breath, thanks to everyone who has worked to make this new curriculum what it is and the UCSF experience all that is has been, we'll surely keep this energy as we move forward!

ACCP-SCCP: Researching Away with ACCP

By: *Rachael Gordon & Hanna Yakubi*
AMCP President & Secretary



Top (L to R): *William Dager, Kyle Merchant, Brian Gac, Dr. Tina Denetclaw*
 Bottom: *Crystal Nguyentan, Laura Sun, Natalie Alsalek, Rachael Gordon, Clarice Resso, Eileen Bang*

We, here at ACCP, are thankful to our members and the UCSF student body for helping us host another quarter of fun, interactive, and innovative events.

We started our quarter off with our annual Winter Roundtable with NCPA for engaging night of networking with clinical research and entrepreneurial pharmacists. The attendees backgrounds included hospital pharmacists, faculty PharmD/PhDs, entrepreneur pharmacists, and a special appearance by Dean B. Joseph Guglielmo. We

could not have thanked these amazing speakers enough for sharing their thoughts on research, clinical pharmacy, and future entrepreneurial ventures. Students in attendance were able to gain exposure to various fields of pharmacy and practice professional networking skills to prepare for internship and career opportunities.

We continued our Clinical Pharmacy Journal Club program with a great presentation given by P1 Brandon Ross on the topic of emerging HIV therapy. Later in the meeting, Dr. Jennifer Cocohoba joined our discussion to give her expert opinion on the current state of HIV research and HIV medications currently in the drug pipeline. With the highest attendance and most in-depth discussion thus far, we are proud to note that this is our most successful Journal Club of the year, and we look forward for more meetings next quarter and the continuation of the Journal Club Program for years to come.

Finally, as we transition to the new incoming board, I would first like to thank our board who helped expand our organization this year. Now, I would like to give a warm welcome to the incoming ACCP-SCCP board of 2019-2020 led by Brian Gac and Brandon Ross. These leaders will make a huge impact on our organization and expand events for our research-interested students!

AMCP: Formularies and Friendship Leadership

By: *Ryan Thaliffdeen*
AMCP President



A big thanks to our P&T coordinators and AMCP faculty member!

This past winter quarter has been one of many successes in our AMCP chapter. The culmination of our P&T competitors' work over the past several months, as well as our P&T elective coordinators, finally reached its apex: the P&T competition! This year's competition involved over 30 incredible student pharmacists,

spanning 9 teams, who each gave their own formulary recommendation for the post-menopausal osteoporosis drug, Tymlos. Our winning team was comprised of 2 P1s and 2 P3s: Ellen Berkley (P1), Niamh O'Grady (P1), Ailin Kim (P3), and Vicky Yi (P3). We were recently informed that the winning team was accepted to compete at the P&T finals during AMCP's Annual conference later this month.



The winning P&T team presenting to our winter banquet guests.

At this point, we would like to commend all the teams who participated in the competition this past year and encourage those who missed out to participate next year! AMCP also hosted our annual winter banquet, where we welcomed several industry/managed care professionals in the UCSF alumni house and introduced our new board consisting of: Ellen Berkley (Director of Internal Affairs), Shafat Selim (Director of External Affairs), Gabi Driller (Director of Communications), and Kyle Tran (Director of Finance). We are excited to continue to host events that generate interest in non-traditional paths of pharmacy. If you are interested in managed care/industry, we highly recommend you consider attending AMCP's annual conference in San Diego later this month! Stay connected with us on Orgsync and like our fb page: <https://www.facebook.com/AMCPCUSF/>

APhA-CPhA-ASP: Snow Much Fun in Winter

By: Vivian Chen

APhA-CPhA-ASP External Affairs VP



Top: David Dang, Joe Li, Henry Huang, Sanam Rashidi, Sabrina Bulla, Zachary Carlson

Bottom: Jessica Wisniewski, Joanna Choi, Jina Lee, Bryan Herrera, Brenda Do

Winter was an exciting and eventful quarter for APhA-ASP and CPhA. We started off the quarter with a fun and relaxing Badge Reel Making social, where students and faculty used colorful vial lid caps to create unique animals, flowers and characters on their badge reels. We then held the Final Round of NPCC, and welcomed Denise Lee as the winner for the second year in a row! She will be competing nationally at APhA Annual in Seattle. Next, our winter social this year was held in the Nursing Mezzanine with sandwiches, drinks and board games. This past week we began a new event, Residency Panel,

with OCPD and PLS and received a great turnout! Dr. Mandy Morris, one of the residency directors at UCSF, was there to share some insights in the selection process along with P4s and PGY1 residents. Finally, this weekend we had some fun with pharmacists from our local chapter at Classic Bowling Center!

As we move forward into Spring quarter, we'd like to thank our current board for devoting their time and efforts into fostering the professional growth and development of the student community. We are also excited to announce members of our new board: Jessica Wisniewski, Jackie El-Sokkary, Susanna Lee, Curtis Yu, Bryan Herrera, Kelven Tran, and Sabrina Bulla!



Alisha Vora, Joanna Choi, Sara Ayazi, Anna Corea, Sonya Kedzior, YeeAnn Chen, Mandy Morris, Althea Han, Claire Bainbridge.

COSA: Collaborations, Contributions, & New Beginnings

Authors:

Anjali Patel: COSA-SNPhA Director

Alice Yeh - COSA Finance Director

Christine Lin - COSA-APhA Director

Nancy Lam- COSA Public Relations Director

Nisha John - COSA Internal Affairs Director



Sharleen Gill and Danielle Polikoff from Project Healthy Heart demonstrate how to draw cholesterol on a UCSF Dentistry faculty member, John Ino.

This quarter, Japanese students from two universities visited UCSF and learned about expanding a pharmacist's role within the community. In January, COSA had the opportunity to teach students from the Tokyo University of Pharmaceutical Sciences to organize health fairs. This event included a presentation on the 13 different patient-specific COSA

projects as well as hands-on training for blood sugar, total cholesterol, and bone density screening procedures. Tobacco Awareness Project also hosted a brief informational session. At the end of February, a group of 5 students and 2 faculty members from Osaka University visited UCSF. Our project coordinators had the privilege to watch students present about the field of pharmacy in Japan and how it differs from that in the United States. It was a great experience for everyone to learn about pharmacy practice on a global scale and develop new relationships with fellow colleagues from across the world.

COSA hosted its annual fundraiser, Winter Auction, in mid-February. The event was a success due to the generous contributions of donors, attendees, and the winter auction coordinators, Jane Du and Catherine Chen, along with their P1 winter auction committee. Participants bid for unique experiences and fine wines in the silent auction, and Dr. Igor Mitrovic auctioned off prizes including Golden State Warriors tickets and dinner with the Dean of the School of Pharmacy during the live auction. Altogether, the event raised over \$8000 for patient care funds.

Lastly, COSA concluded the Winter quarter with interviews for Board and Project Coordinator positions in preparation for the upcoming year. We are excited to welcome a new group of eager students in expanding patient care and outreach! We would also like to thank our dedicated project coordinators, advisors, and preceptors for their commitment to serving the community this past year.



COSA Winter Auction Committee members:

Leena Dolle, Rachel Mong, Catherine Chen, Jane Du, Janice Ly, Christine Phan, Brenda Do, Zac Carlson, Lizzy Hays, Brian Lu, Julie Lim, Neil Shieh, Kelven Tran

CPNP: Winter with CPNP

By: Jennifer Le
CPNP Historian



Justin Allen (P3) and a representative from the San Francisco Suicide Prevention trained UCSF Pharmacy Students in Suicide Awareness and Prevention.

We had an exciting winter quarter for CPNP! For the start of the quarter, CPNP invited San Francisco Suicide Prevention (SFSP) and hosted the Suicide Awareness and Prevention Training. This was a unique opportunity

for UCSF pharmacy students to receive training with a representative from SFSP and our very own Justin Allen (P3). In this session, students received hands-on training on how to help those in mental health crisis safely and effectively, which is an invaluable skill to have as future healthcare practitioners. CPNP also hosted a Neurologic Pharmacy Dinner Talk with Dr. Kristin Slown from ZSFGH and Dr. Elizabeth Son from SFVA. While neurologic pharmacy is a small niche, there is a variety of roles pharmacists can take within this field. From rounding in the Neuro ICU team to consulting patients in the ambulatory care setting, neurologic pharmacists are highly valued in their interdisciplinary teams. In order to be successful as a neurologic and pain managing pharmacist, Drs. Slown and Son emphasized the importance of developing soft skills like motivational interviewing, effective teamwork, and being compassionate. Due to the lack of research, especially in the trauma population, our presenters highlighted that there is still work to be done in finding the optimal practice and management for their patients. CPNP would like to welcome our new board for the upcoming year: Emily Yao, Cindy Trac, Asher Jeong, Vickie Nguyen, Christine Huynh and Lizzy Hays!

CSHP: A Quarter of New Beginnings

By: Janelle Agustin
CSHP Secretary



Students discussing with Dr. Sharon Youmans at Legislative Night 2019

This quarter has been unique as we welcomed both new events and updated continuing ones. We kicked off the quarter with our annual Mock Interviews in partnership with the Pharmacy Alumni Association (PAA) and OSACA. This year we transitioned from an interview-focused mock interview to a general mock interview,

which allowed students from all classes to practice and brush up on their interviewing skills. The P1 Committee held their first Clinical Lunch Talk with Dr. Jonathan Faldasz, PharmD, BCPS, the infectious disease specialist at UCSF Benioff Children's Hospital Mission Bay. Dr. Faldasz facilitated a patient case that helped students apply their didactic knowledge, adding a unique twist to his lunch talk. CSHP along with AMCP, NCPA, ACCP, CPhA/APhA, and SNPhA hosted the annual Legislative Night at UCSF - a roundtable talk highlighting changing movements within pharmacy legislation. Special guests included CSHP Past-Presidents Dr. Vicky Ferraresi and Dr. Kethen So, CPhA CEO Mr. Jon Roth, Dr. Marilyn Stebbins, and Dr. Brian Komoto. The P1 committee teamed up with SNPhA for a lunch talk with the Homeless Youth Alliance to educate students on how to address the homeless population as providers and increase advocacy.

For CSHP-UCSF board selection this year, we transitioned from elections to applications and interviews. We are proud of all the students that applied and their contributions to making this organization as strong as it is! We thank outgoing CSHP board for all of their guidance and contributions to our UCSF community and we are excited for everything that is to come.

LAPS: Inspire to Thrive

By: **Nancy Ramirez**
LAPS President



2018-2019 Board Members (left to right): Andrew Munoz, Rudy Gonzalez, Nora Cortez, Nancy Ramirez, Griselda Rivera, Tek Teklehaimanot, and Dylan Nand

This has been an eventful and rewarding quarter for LAPS as we prepared for our 15th Annual Journey into Healthcare Undergraduate Conference. The purpose of this conference is to inform and allow undergraduate students to explore different healthcare careers, including dentistry, medicine, nursing, pharmacy, and physical therapy. We were honored to have Dr. Igor Mitrovic as our key note speaker where he encouraged students to follow their passion in life whether it be as a healthcare professional or taking a different path. The conference was composed of a variety of speakers that incorporated different perspectives of the healthcare journey from admissions, professionals, and UCSF students. We concluded the conference by having our endnote speaker, Dr. Maria Rivas (UCSF Alum) inspire students to never allow themselves to be discouraged by others about fulfilling their dreams. Overall, the event was a

success and the undergraduate students expressed how beneficial and inspiring the conference was to them.

As we near the end of the current 2018-2019 LAPS board term and transition to the upcoming 2019-2020 LAPS board, we are thrilled to see what new ideas they have in store. Without the support of LAPS board members, this winter quarters' events would not have been possible. It has been a pleasure to be part of LAPS and we are confident that the new board will continue to devote in providing valuable healthcare education and services to the underserved communities.



Dr. Maria Rivas giving the endnote speech at the Journey into Healthcare Undergraduate Conference

NCPA: Teamwork Makes the Dreamwork!

By: **Harini Bhat**
NCPA VP of Communications



Members of NCPA and ACCP with the incredible group of speakers from the 2019 Winter Roundtable.

This winter was a collaborative quarter for NCPA! We began our quarter by working closely with ACCP to put on another incredible Winter Healthcare Roundtable. We invited both distinguished pharmacists and non-pharmacists who are experts in their respective fields, to share their experience with pharmacy startups in the Bay Area. The Pill Club, Alto Pharmacy (previously known as ScriptDash Pharmacy) and Pandia Health were some of the companies present at the event. They discussed their reason for starting the company as well as the positive impact that it has on the community. Entrepreneurship is a large part of what NCPA advocates for and the inspiration from that night kick started, once again, the NCPA Business Plan Competition! 4 of our pharmacy students will be working together, along with Dr. Brian Komoto as a mentor, to plan their own pharmacy business from start to finish. Finally, NCPA wrapped up the quarter with another great collaborative event with 5 other orgs for Legislative Night. It was an informative and stimulating night to go out and be active in legislation for the pharmacy community. On behalf of NCPA, it has been an amazing and uplifting quarter. We can't wait to bring in our new board next year and bring to you even more fun and new events!

PhAMLI: An Insight into Interviews

By: Christine Huynh
PhAMLI Secretary



Mock Interview Day!

Mentors and mentees at the end of a very productive Saturday

As Winter Quarter comes to a close, PhAMLI wrapped up the quarter with our much anticipated Mock Interview Day! Mentors came together and helped facilitate an fun interview environment where mentees answered timed interview questions, varying from traditional to situational questions, and received feedback on their interviewing

skills. After the mentees finished all the interview stations, we ended the event on a high note with mentors and mentees enjoying local Sunset food and socializing! This was a great chance for mentees to ask mentors for advice and insight on their path to pharmacy school, and get an even idea of what the pharmacy school interview process is like. We are so thankful to our mentors for volunteering their time, and extend a HUGE thank you to our mentees to which our events would not be possible without!



Alan Tran and Christine Huynh giving a presentation to mentees on various interview styles and

PLS: Out with the Old (Board), in with the New (Board)

By: Nicole Tokiko Andrews
PLS President, 2018-2019



*APhA-PLS-OCPD Residency Application Preparation Panel
Left to Right: Alisha Vora, Joanna Choi, Sarah Ayazi, Anna Corea, Sonya Kedzior, Yeeann Chen, Dr. Mandy Morris, Dr. Althea Han, Dr. Claire Bainbridge*

We ended this quarter with a new event, the APhA-PLS-OCPD Residency Application Preparation Panel. We had a spectacular turnout of students eager to learn more about the residency pathway. We would sincerely like to thank our panelists of current P4s, UCSF PGY1s and the UCSF Residency Program Director, Dr. Mandy Morris, for spending the evening with us.

Lastly, we would like to congratulate the new 2019-2020 PLS Board: Alisha Vora (President), Sharon Xu (VP of Professional Affairs), Emily Liang (VP of Membership), Connie Chen (VP of Communication), Janelle Agustin (VP of Social Affairs), and Emily Yao (VP of Finance). On behalf of the Old and New board, PLS would like to wish everyone good luck on finals and send off our P3s with best of wishes.



*PLS Induction Banquet
Left to Right: Emily Yao, Connie Chen, Emily Liang, Alisha Vora, Sharon Xu, Janelle Agustin*

This past February, PLS hosted our annual Induction Banquet, during which we recognized 26 new members for their strong leadership skills in the profession and devotion to expanding the field of pharmacy. PLS also inducted our faculty advisors Dr. Judie Tran and Dr. Trang Trinh as honorary PLS Faculty Members, expanding our strong alumni network and support system. In addition, PLS would like to recognize Carolyn Tang (P3) as our Member of the Year. As this past year's VP of Membership, Carolyn worked diligently throughout the year on major events, such as the PLS "Meet and Greet" and Induction Banquet, and served as a main contributor to the highly successful year we had.

Rho Chi: Weathering the Therapeutics

By: Stephanie Sin
Rho Chi President



P1 Summative Exam #2 Review Session.

Emily Hsu (left) and Jonathan Nguyen (right)

As Winter quarter comes to an end, Rho Chi is dedicated to helping P1s and P2s tackle their final exams. Our goal this quarter is to help facilitate a smoother transition into therapeutics for both classes.

With the advent of the new curriculum, Rho Chi recently held its first review session for P1's to prep them for their summative exam on the respiratory block. This session focused on the therapeutics of more challenging topics, such as venous thromboembolism and pulmonary embolism, but also included a review of older topics such as COPD and asthma.

Our second event this quarter is a review session for the P2's CP120 course. This is the first therapeutics course the P2s are exposed to, and we hope to provide assistance in helping them approach clinical cases. We have created patient cases on topics such as renal dysfunction, fluids, and hepatic dysfunction by actively engaging current Rho Chi members. Our members had the opportunity write cases, and the CP120 course coordinators, Dr. Gruenberg and Dr. Hsia, then provide constructive feedback for improvement. We hope that our review sessions this quarter will be helpful in support students' success in their academic careers.

SNPhA: Will You Be My SNPhA-lentine?

By: Wahib Ead
SNPhA Director of Correspondence



Mental Health Awareness Night

Left to right: Elise Oh, Dawn Barcelona, Greg Zinkl, Connie Chen

Winter 2019 was cold, but SNPhA was on SN-PhIRE this past quarter as our highly ambitious VPs, Connie Chen and Elise Oh, put together an incredible Mental Health Awareness Night. This event featured guest speakers from NAMI (National Alliance on Mental Illness) who facilitated a touching open dialogue about their personal experiences with mental illness and suicide. Through this event, attending students developed a unique perspective on the pervasive nature of mental illness.

Another major event was our Legislative Night collaboration, where young Elise Oh (VP of Internal affairs) helped put together a post-midterm elections presentation, featuring speakers Dr. Stebbins and Dr. Ferraresi. These highly eloquent professors spoke about current legislative hot topics in pharmacy, and emphasized the importance of being active in legislative issues as students.

Are you tired of hearing about our P1 initiative chairs? Sorry, but we can't stop talking about this dream team, as these young guns put together lunch talks regarding Stroke Awareness and HPV. Students attending these lunch talks learned about the clinical presentation of strokes, as well as how to deal with the current anti-vaccine epidemic. But lunch talks weren't enough, as these four touched the hearts of the entire pharmacy school with SNPhA-lentine grams that had finger-licking, delicious candy wrapped in an informational sheet regarding diabetes, stroke, CKD, and immunization. How genius are these young P1s?

SNPhA wrapped up this quarter with the SNPhA X Kids Club event, where self-less pharmacy students volunteered their time to teach underserved youth about healthy living in a fun and engaging way.

It is very difficult not to feel deep warmth in the heart as we reflect on all the fantastic accomplishments of SNPhA this past quarter. Make sure to stay tuned as SNPhA continues to carry out its endless effort to serve the underserved in Spring!

Kappa Psi: Rain or Shine

By: *Stephanie Son*
Kappa Psi Secretary



Welcoming our newly initiated brothers!

Between braving the seemingly coldest of winters and battling the incessant rain in San Francisco, the brothers and pledges of the Beta Gamma chapter have had yet another busy quarter.

We kicked off the quarter by getting into the competitive

spirit at our annual Olympics event, the highlight of which was a dodgeball match between the brothers and pledges. A potluck at the Beta Gamma House followed, where we enjoyed one another's companies over home-made dinner and desserts.

Of course, a winter is not complete without a weekend getaway trip to Lake Tahoe to get our minds off the stresses of school, extracurriculars, and work for a long weekend. The (snowy!) drive was well-worth the incredible views and unforgettable memories we shared. The highlight of the quarter was certainly Big-Little Reveal. Brothers spoiled their littles for a week leading up to the reveal, and the brothers surprised them with a trip to Pier 39 and the Golden Gate Bridge. Pledge season is coming to a bittersweet close with Initiation right around the corner. We are pleased to welcome our newly initiated brothers into Kappa Psi!

Regardless of rain or shine, the brothers of Beta Gamma are so lucky to have not only built wonderful connections with our pledges (now brothers!), but also reaffirmed the lasting connections brothers have with one another. We can't wait to see what next quarter has in store for us!

Phi Delta Chi: Warmth of Brotherhood

By: *Nicole Tokiko Andrews*
PLS President, 2018-2019



Outgoing and incoming executive board dressed up for annual Spring Banquet

We braved the cold of this winter with the warmth of brotherhood! Our annual Tahoe trip saw enough snowfall to close the ski resorts, but brothers had a great time bonding over board games, home cooked meals, and photoshoots in the snow.

This quarter, PDC P1 candidates attended various fun events with brothers, such as bowling, wine & paint night, and ice skating. They even planned and hosted their own events! Bake Sale and Valentine's Grams were a sweet success, and Nacho Average Social was exceedingly cheesy. Candidates also volunteered with St. Vincent's over two weekends to serve dinner. Brothers and candidates alike showed off their talents and hard-earned skills at our annual Talent Show with acts such as hip-hop dance routines, soundboard light shows, and recog-

nizing the sounds of chopped vegetables.

Having gotten to know each other throughout the quarter's activities, brothers and candidates were matched up to big and little pairs! The following week, candidates completed initiation to become full-fledged brothers. We voted in our executive board for the next school year and celebrated at our annual Spring Banquet with unlimited crab legs and oysters! Finally, as our P3 brothers prepare for rotations, we held a P3 Send-Off party to present them with small gifts and enjoy a potluck dinner together.

We're sad the P3s will be leaving, but excited for the new board to implement their visions for the year to come!



Newly initiated PDC brothers showing off their official sweaters