

Therapeutic Window



The end of the summer season concludes two APPE rotations for P3s, Foundations II and Endocrine Block for P2s, Foundations I for P1s, and a well-deserved break for all. This Summer Quarter newsletter showcases the variety of activities our peers and professors were accomplishing and learning this past summer!

ASSP | Summer 2021



Jennifer La, P3

I moved to Fresno for APPEs! I love our cohort here. Here's a picture of my housemates and me eating shrimp!



Crystal Zhou, Professor

I was teaching Foundations I Skills over the summer and had the opportunity to meet all the new P1s. They are fantastic! I also hung out with my son, Emerson, who turned 1 in August of this year. Here is a picture of us!

Daisha Matthews, P1

This is a picture of me with some of my team members from my staff when I was a Resident Director at UCLA! In June, we were closing all our buildings, making TikToks and seeing one another before leaving.



Kelsie Morioka, P2

I stayed home, slept, and spent time with my dog!



Gabby Mackey, P3

I went to the zoo and fed a giraffe!



Trevor Orot, P1

I watched some of my favorite sunsets in Guam before leaving for pharmacy school!



Christopher Nowak, P3

I forgot about summer... because I was having so much FUN during APPEs! I was learning an absolute ton, making interventions, teaching students and residents, and working alongside some amazing people (and dogs).

Jaekyu Shin, Professor

Over 6 weeks during the summer, I learned basic harmonic analysis from my son who knows music theory quite well. He forgot about Father's Day this year. So, I asked him to teach me harmonic analysis as a Father's Day gift. Now I can understand what is going on in pieces of music better!



Erin Tsou, P3

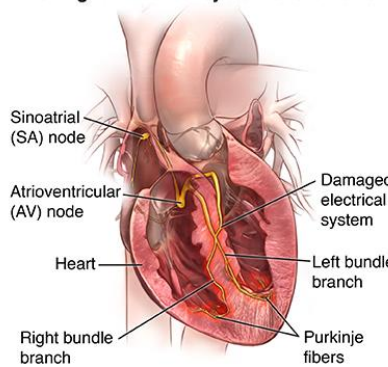
This summer I had my favorite APPE at UCSF Mission Bay acute care adult surgery! I loved learning the ins and outs of acute care and applying all my clinical knowledge I learned during didactics! I felt like an integral part of the team attending rounds and making recommendations that improved patient care! I loved all the preceptors and interprofessionals I worked with and it was an amazing experience!

Lance Calaguas, P1

This past summer I had the opportunity to not only make memories with friends back home, but also make lifelong relationships here in SF as well. In the midst of this, I learned more to myself than I realized thanks to those around me.



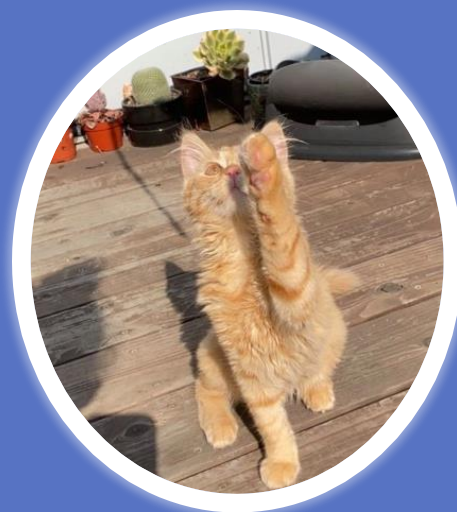
Damaged electrical system of the heart



Taylor Liu, P2

This is an anatomical depiction of Brugada's Syndrome, a rare genetic disorder that can cause dangerous irregular heartbeats, caused by a defect in the SCN genes. There is no current cure for

Brugada's syndrome, but an ICD can be implanted to prevent sudden death. Unfortunately, the average age of death related to the disease is 40 years old. There was a patient in the cardiac ICU who was diagnosed with suspected Brugada's Syndrome. I think it was a very sobering experience, seeing how young the patient was and how their family was impacted. I was humbled by how much care each member of the team provided for the patient and the family members, from the nurses to the residents to the attendings.



Christine Hancock, P2

During my summer IPPE in the Neuro ICU, I was able to watch an intubation and see how Pharmacists have a role in this process by preparing medications like paralytics that are necessary when intubating a patient. Also during summer, I was able to foster a kitten named Cheeto.



Matthew Louie, P2

I went on a hike in Grand Teton National Park!



Jethro Pobre, P2

Watching Hamilton LIVE for the first time and hiking up to catch the sunset at Mt. Tamalpais were my summer highlights.



Kenneth Truong, P3

During my infectious disease rotation, I learned that one of the anti-microbials I dosed, Fetroja (Cefiderocol) was named after a Trojan horse. Bacteria require iron for growth and produces a substance that binds to iron and brings it into the cell. Fetroja contains that substance and exhibits its bactericidal effect once brought into the bacterial cell, acting like a trojan horse!



Julia Jones, P2

This summer, I went to UCSF Parnassus for my Concentrated Health Systems IPPE. Being assigned to the ICU service, I spent time in the neuro ICU and the cardiac ICU. These experiences were so enlightening and showed the expansive role and scope of a critical care pharmacist. In addition to attending morning rounds with the entire team, I learned how to complete medication reconciliations by gathering information from the patient, their caregiver(s), and past healthcare facilities. I also developed my skills in medication counseling, by educating patients on their anticoagulation medications. One of the most memorable moments was attending a code stroke with my pharmacist preceptor! Aside from climbing many flights of stairs between the ICU floors, I enjoyed spending time with my family and friends in Southern California. In July, I visited the windy city of Chicago, and think I may have discovered my new favorite city!

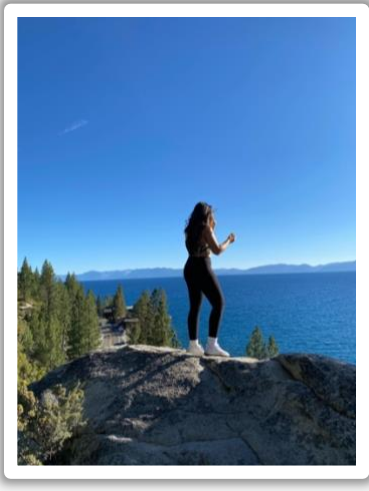


Alexa Molina, P1

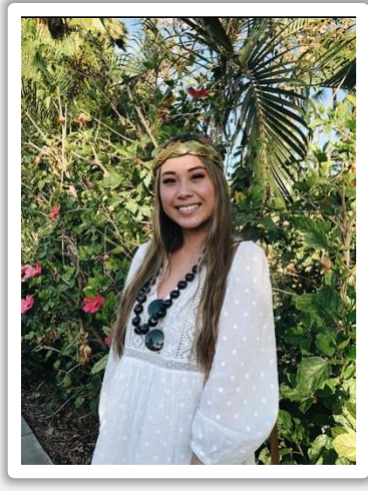
I went kayaking with a few friends on the Mission Creek Sunset kayak trip.



Vicente Melgarejo, P3
This summer, I got the chance to visit a coffee farm in Adjuntas, Puerto Rico



Sahar Miry, P1
I went hiking at Monkey Rock in Lake Tahoe!



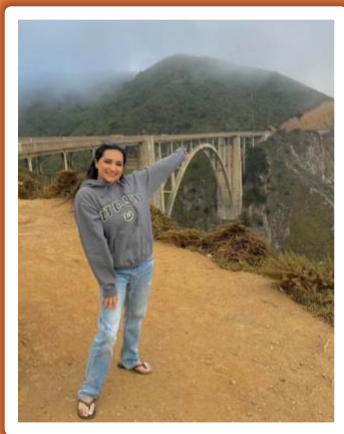
Ashley Hua, P2
I went to Hawaii!



Nancy Lee, P2
I'm pictured with the New York City view at the Rockefeller Center!



Brittany Huynh, P2
I tried figs for the first time and fell in love. I went to Big Sur and Carmel by the Sea for the first time! Alongside some of our classmates, I learned how to knit from Dr. Yang and Dr. Gruenberg!



Harpreet Kaur Sahota, P1
I finally took a scenic drive down to Big Sur, went to a friend's beach wedding, and saw the Bixby Bridge for the first time!



Emily Chu, P2
I went to Seattle over the summer!



Ryan Sue, P1
I went to the beach a lot because I was at home during the summer!