

THERAPEUTIC WINDOW



UCSF School of Pharmacy

ASSP | SUMMER 2019

Welcome and Welcome Back!



ASSP's 1st Summer Bagel Day

By: Sally Ip
ASSP President

Class of 2022! I hope you all are enjoying the last few weeks of your FIRST BLOCK here at UCSF! That's almost one block down and some more to go! BUT time will fly by fast! And soon you'll be looking back at all the excitement of your first few months here.

I know you are all a very enthusiastic bunch and very eager to get involved, especially with the successful turnout for the RCO Welcome Fair! All the RCOs have been working very hard during the summer to plan

events, despite P3s still in their break, and it's amazing to see everything come to fruition. Keep a lookout on our RCO Events Facebook group, weekly ASSP Bolus, and ASSP website for updates on upcoming RCO events!

We also had a great first Bagel Day of the year! I hope the seemingly endless row of bagel goodness gave you inspiration and hope to finish the block strong! Look forward to it near the end of every block!

Welcome Back Class of 2021T! You are all off during your break right now, so congrats on

finishing your first block of P2 year!

With the P3s gone over the summer, it definitely must have been very lonely in the halls. But we're back and very excited to see everyone!

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Edited By Roy Weng

Welcome to Our Pharmily!

By: Mehr Virk
ASSP VP of External Affairs



L to R Back Row: Jasper Truong, Thien Nguyen, Gabi Driller, Mehr Virk, Steven Pham, Tiffany Tsai, Tran Truong, Mikael Habtezion, Luciano Sanchez, Manuel Seraydarian, Avo Manukyan
L to R Front Row: Michael Au, Kenneth Truong, Rafal Saeed, Gabby Mackey, Erin Tsou, Temi Sofeso, Pam Concepcion, Leah Reyes

First and foremost, a big welcome to the P1 class as they join our UCSF Pharmily! It's been great getting to know you all and hope that you are as excited as we are to have you embarking on this journey to becoming a pharmacist. We've had so many great opportunities to get to know one another through Buddy Reveal, the RCO Welcome Fair, and various fraternity rush events. The P1s have been busy taking summative exams, applying for RCO P1 committees, and becoming immunization certified. Most recently, they participated in OSCE prep night to learn the ins and outs of patient encounters, with P2s and P3s acting as their standardized patients. The P2s just wrapped up the Endocrine block, and one-third of the class is looking forward to completing their longitudinal IPPE in October! As both cohorts look forward to breaks in the coming weeks, we are all also looking forward to welcoming the P3s back and reuniting our pharmily!

Class of 2021T: To making new memories

By: Jasper Truong
Class of 2021T President



(Orientation) Left to right: Rachel Mong, Janice Ly, Roy Weng, Manuel Seraydarian
P2s getting ready to welcome the incoming P1 class to UCSF during orientation

Our first academic year closed with the GI block, but the hustle never stops. From hospital rotations to welcoming the new iteration of UCSF pharmacy, the class of 2021T have been busy balancing schoolwork, life, and RCOs. The start of our 2nd year of this new curriculum we have gained to tools to properly edit health information on Wikipedia and have wrapped up the last summative for Endocrine. Its hard to believe that the first year passed

by so quickly, and we only 2 more blocks left together as a whole before we disperse for APPEs. From icebreakers at orientation to close friends going on vacations together, the class of 2021T has continued to show their individuality and acceptance of one another. Class of 2021T, pharmacy school has been a roller coaster, and I am glad I get to experience this amazing journey with 94 other outstanding future pharmacists. As we step into our new Neurology block, lets appreciate the time we have left together and continue to be the pioneers for this new curriculum, making the changes we want to see at UCSF and in pharmacy.



(MHC) Back Left to right: Steven Pham, Kevin Dichoso, Matt Aludino, Huy Ha, Amanda Roy
Front left to right: Jessica Pham, Francesca Alcalá, Alice Yeh, Jessica Bee, Allison Lee, Emily Liang
P2s and P3s after working with a PGY-2 (Amanda Roy) at the Mabuhay Health Clinic, an inter-professional clinic for the underserved population

Class of 2022: Get Ready, Get Set, Go!

By: Richard Ishimaru
Class of 2022 President



P1s having a bonfire at Ocean Beach

As hard as it is to believe, our first quarter has come and gone. It feels like it was yesterday that we were meeting each other during orientation, breaking ice, making friends and doing our best to remember each other's names. Foundations block started with an inspiring patient interaction and ended with us spitting PK fire as we answered asked questions. We sat in class trying to catch the fire-hose of information sent at us and, even though at times we felt we were drowning, we have survived. Not only did we survive, we learned, and we grew. Before we knew it, we had

our white coats, we were immunization certified and making it through our first IPPE days. 11 packed weeks have flown by and in that short time we've gone from strangers, to friends, to inseparable pharmily. Together we have surmounted our summatives, overcome our OSCEs, and run wild through the city. From Ocean Beach to Oracle Park and all the stops in between,



P1 Class selfie during White Coat practice

a more inspiring and motivating cohort could not be found. I hope everyone finds respite in their breaks and holds close the amazing bonds we've formed. This is just the beginning, Class of 2022. I cannot wait to continue our journey together and I thank you for the incredible ride so far. Next stop, stealing cardio-block's heart!

ACCP-SCCP: Bringing Together Hearts and Minds

By: Brian Gac
ACCP-SCCP Co-President



ACCP-SCCP Co-President Brandon Ross at the collaborative legislative lunch talk speaking on California Senate Bill 159

Welcome P1s and welcome back P2s and P3s from ACCP! We were so glad to so many students at our events over the summer!

For our first event, we partnered with CSHP and APhA to have a lunch talk on current legislation that affects pharmacists. ACCP-SCCP Co-President Brandon Ross taught us about SB159, an exciting bill that would allow pharmacists in California to furnish medications to prevent HIV and remove barriers to access these medications. We are proud to collaborate with our colleagues from other organizations to advocate for the expanding of our role as pharmacists in the national health system and provide critical services to our patients.

The next week, our VP of Professional Affairs and Development William Dager presented a research paper on the STOPDAPT-2 clinical trial for our series of journal clubs. The study compared pros and cons of dual antiplatelet therapy for only one month following PCI, compared to the current standard of twelve months of dual therapy. Students discussed the balance between preventing cardiovascular events and risking bleeding while sipping on some free boba.

We were overwhelmed by everyone's enthusiasm throughout the beginning of this new school year and we hope to see more at our upcoming events!

APhA-CPhA-ASP: Hot Pharm Summer!

By: Jackie El-Sokkary
APhA Communications Vice President



First year student pharmacists Carrie Bi (left), and Connie Do (middle), mingle with Dr. Crystal Zhou (right) at Around the World Night.

It's been lovely welcoming the P1s to our inspirational campus and introducing them to all of the opportunities APhA-ASP-CPhA has to offer. We started off the year with the RCO Welcome Fair where members of CPhA visited campus to advocate for the great work they do. Then our Information Session was met with student pharmacists ready to learn about all the great things APhA-ASP-CPhA has in store for the year. We enjoyed Panda Express*, then sent our members on their way. Summer heat didn't

stop our members from drafting policy at our Policy Writing event that will be presented at our Mid-Year Regional Meeting in Las Vegas. This was a fun way to learn about policy writing and enact change. Our members attended the CPhA House of Delegates to propose a policy regarding post-graduate opportunities serving in medically-underserved areas, which the house passed. We finished off the quarter with our annual Around the World Night, where student pharmacists were able to mingle and network with pharmacists, enjoying snacks and beverages from around the world, and learn more about the vast opportunities pharmacy holds.

*APhA-ASP-CPhA is not sponsored by Panda Express.



Third year student pharmacist Curtis Yu poses in front of map backdrop at Around the World Night before hosting peers at the PDC house.

AMCP: A Summer of Value

By: Ryan Thaliffdeen
AMCP President



Left to Right, Shafat Selim, Ellen Berkley
Our board members were thrilled to meet the new P1s at the RCO Kickoff Fair

Summer was an exciting time for our UCSF-AMCP chapter. We had the amazing opportunity to welcome a brand-new class of excited and energetic P1s. From all of us, we would like to extend a warm welcome to this new generation of student pharmacists.

Our executive board worked tirelessly to host a plethora of introductory events including our RCO kickoff fair, AMCP info session, and P&T info session. Our P&T info session included a panel of veteran competitors who were able to field both prepared and audience-proposed questions regarding the competition.

In addition, we have been working on several site visits, that will hopefully come to fruition late fall/early winter. Finally, we encourage everyone to consider participating in the P&T competition this fall, as well as attend our fall roundtable. The fall roundtable is our biggest networking event of the year, where we invite dozens of pharmacists to engage with students over dinner and refreshments. Pharmacists who attend will be members of managed care organizations, pharmaceutical industry, consulting, and more!

We would like to take this time to give a big thank you to our faculty advisor, Dr. Marilyn Stebbins, as well as our AMCP diplomat, Dr. Avi Mamidi. Without the help of these individuals, we would be unable to host our various events.

COSA: Service for a Cause

By: Kelven Tran
COSA Public Relations Director



New P1 students learning how to use the cholesterol screening devices

Over the summer, COSA hosted the Annual Resident Training at the Parnassus campus. The purpose of this event is to train PGY1 residents at UCSF to precept for COSA screening projects at health fairs. Operation Diabetes, Project Healthy Heart, and Project Geriatrics were able to review project-specific goals as well as provide hands-on training for the new pharmacy residents. We are thrilled that our team continues to grow, enabling us to expand our community outreach efforts.

Additionally, COSA hosted its annual Training Extravaganza to train the first-year pharmacy students on our health screening techniques. To better serve our community, we are excited

to announce that our organization continues to expand, and we have trained 100 new volunteers. We hope to continue to provide quality patient-focused care and offer meaningful outreach experiences that foster personal and professional development. We look forward to seeing our new volunteers at the upcoming health fairs.

Our last event of the summer quarter was the Inner Sunset Farmer's Market Health Fair. This was an exciting event because it was the first health fair that P1s were able to participate in, by volunteering with Project Pediatrics, Project HIV, or the Tobacco Awareness Project. This has been able to have on the community this past quarter and look forward to upcoming events throughout the rest of the academic year.



Jessica Bee, Roy Weng, and Sharon Luong providing tobacco education.

CPNP: Summertime Happiness

By: Emily Yao and Asher Jeoung
CPNP President and Secretary



Students attend the Langley Porter Site Visit. Back row (from left to right): Christopher Nowak, Fanny Ye, Sara Strome. Front row (from left to right): Christine Huynh, Emily Yao, Diana Doan, Jennifer La, Catherine Mueller.

CPNP kicked off the Summer Quarter by attending the

RCO Fair and hosting an information session. During the RCO Fair, we had the pleasure of meeting the P1 class and sharing our passions for CPNP. We were very excited to see that many P1s are interested in the fields of psychiatric and neurologic pharmacy. We also hosted a Summer Mixer at Barrel Head Brewhouse, where students got the chance to learn more about the CPNP organization in a casual setting. Our Community Outreach Chair, Christine Huynh, set up two site visits at the Langley Porter Psychiatric Hospital and Clinics, where students received a tour of the pharmacy and participated in a Q&A session with the pharmacists.

Through our Sights on Psych newsletter, we featured Dr. Lori Reisner, a clinical pharmacist at UCSF Medical Center who works in the Neurospine unit. We discussed her path to pharmacy, her roles and responsibilities as a neurologic/pain management pharmacist, and her thoughts on the future of neurologic pharmacy. In addition, our Historian, Vickie Nguyen, launched an Instagram account (@ucsf.cnp) as a way to share personal stories from pharmacists, faculty, and students, and to open a dialogue on mental health.

In the upcoming Fall Quarter, we will be hosting a psychiatric pharmacist panel and suicide prevention training lunch talk, as well as participating in our first health fair with COSA. We can't wait to see you at our events and to introduce our P1 Committee!

CSHP: Welcome to CSHP!

By: Kristen Shimoda
CHSP Secretary

Information Session, and our “Things I Wish I Knew” Mixer. It was exciting to see both old and new students at the RCO



Students learned about CSHP at UCSF at our Information Session including from our very own faculty advisor, Dr. Michael Trillanes. Pictured: Dr. Michael Trillanes (left)

Kick-Off Fair where we introduced students to CSHP at UCSF for the first time. We also had a great turnout at our Information Session. Students had delicious boba and pineapple buns and gained insight into the field of clinical pharmacy from our faculty advisor, Dr. Michael Trillanes. Our “Things I Wish I Knew” Mixer was a novel idea this year because our

board members felt the importance of sharing various tips and tricks that we all wished we had known coming into UCSF such as money-saving strategies and networking advice. CSHP at UCSF also had the opportunity to work with APhA/CPhA and ACCP on a Legislative

CSHP at UCSF had an exciting start to the academic year as we met the new Class of 2022 and welcomed back returning students. This quarter, we enjoyed getting to know new students at the RCO Kick-Off Fair, our CSHP

Lunch Talk. It was an informative session where we learned about current hot topics in pharmacy legislation. Lastly, we ended the summer with the annual local CSHP Clinical Skills Competition (CSC). Winners, Emily Hsu and Lara Barsoumian demonstrated their clinical skills and will be representing UCSF at this year’s regional and national CSC at CSHP Seminar and ASHP Midyear, respectively. Overall, we have had a fun and productive summer, and we are looking forward to establishing our P1 committee and CSHP Seminar in the Fall!



CSHP at UCSF board members shared tips and tricks with new students at our “Things I Wish I Knew” Mixer.

LAPS: Loteria Game Night

By: Rodolfo Gonzalez Rios
LAPS President

dulce. Loteria is a board game similar to bingo, with some differences. In bingo, a number with an associated letter is randomly chosen, while in loteria, there is a colorful illustrated image associated with a Spanish term that is drawn from a special deck of 54 cards. Loteria encouraged students to listen carefully to the Spanish terms and associate them with the correct image while also practicing their Spanish pronunciation by repeating back the terms. The atmosphere at the event was spectacular with students participating and enjoying some delicious hot chocolate and pan dulce. Game Night came to a conclusion with everyone mingling and gathering for a group photo to represent diversity within LAPS.



Beautiful group picture of some of the 2021T and 2022T2 class at Loteria Game Night.



The traditional Mexican hot chocolate and pan dulce served at Loteria Game Night

The quarter was off to a great start with the arrival of the class of 2022 T2 and what better way to welcome them than a Loteria Game Night. LAPS hosted Loteria Game Night as an opportunity to foster understating of traditional Latin board games while enjoying Mexican hot chocolate and pan

We have more exciting events to come and we hope that you can take part in this journey with us to serve the Latinx community and learn more Spanish terminology. ¡Gracias!

NCPA: Planning for the future

By: Kimberly Chow
NCPA VP of Communications

This past summer NCPA board members have been gradually introducing our organization to the new P1 class as well as planning for future events. In August, we met many enthusiastic P1s at the RCO welcome fair and NCPA information session. At the info session, students sipped on complimentary boba while learning more about NCPA and the organization's mission to advocate for community pharmacists, entrepreneurship, and patient protection and accessibility.

Keep a lookout for our upcoming events to look forward to in the fall! We will be hosting an information session regarding Business Plan Competition. BPC is an annual NCPA competition where students form teams to work on creating and presenting a pharmacy business proposal. In October, students will also have the opportunity to tour Koshland Pharmacy which specializes in compounding prescription medications that is customized for patients and physicians. NCPA will also host Women's Health Alliance (WHA) educational lunch talks. WHA is a collaborative effort between NCPA and APhA board members in order to increase awareness in women's health, advocating for access and safe health policies, and serving the community.

PPAG: The Newest Kids on the Block

By: Julie Dao
PPAG President



Students listening to pediatric pharmacists share their experiences and insight at the UCSF Benioff Tour and Panel.

Pediatric Pharmacy Advocacy Group (PPAG) is one of the newest organizations this year for the School of Pharmacy. As a cofounder, I couldn't have done this without the efforts of Lara Barsoumian, Vicky Yi, Taryn Ng, Jennifer Le, and Melanie Zarate. It has truly been a labor of love and I feel so lucky to have been involved in the process of bringing this organization to fruition. PPAG is a nationally recognized chapter at pharmacy schools around the nation and I'm honored to have the same representation now at UCSF. I am very excited for this upcoming school year as we will have our new board up and running with Melanie Zarate (VP of Professional Affairs), Colette Truong (VP of Community Affairs), Khalen Hudson (Treasurer), and Jeannie Hum (Secretary). As president, my goal is to establish PPAG's presence in the SOP.

Based on event turn-outs and student interactions, I know there is a need for PPAG because there is interest in pediatric pharmacy. We have not had anything to support this interest at UCSF in the past and I would like to ensure that PPAG is able to meet those needs and expectations in offering students more opportunities in the realm of career development and community outreach. Our most prominent events coming up this year include the UCSF Benioff Tour and Panel and Lucile Packard Roundtable. It's been an amazing opportunity for students to network with pediatric pharmacists and learn about what this field has to offer. It's been a very exciting journey so far and we look forward to this upcoming school year!



Lucile Packard

Back row: Julie Murchison, Sean Green (Pharm. D), Stephanie Hutsell (Pharm.D), Khalil Khalifi (Pharm. D)

Front row: Colette Truong, Jeannie Hum, Jeffrey Moss (Pharm. D), Melanie Zarate, Julie Dao

PLS: Hot Leader Summer

By: Alisha Vora
PLS President



PLS and OSACA collaborate to hold a Professional Headshot Photoshoot for P1s!
First and last names of the people in the picture (from left to right): Janelle Agustin,
Emily Yao, Darlene Mergillano, Sharon Xu, Connie Chen, Emily Liang

PLS had the honor of collaborating with OSACA to provide professional whitecoat photos for the Class of 2021T during their Professional Readiness Week in June. Sign ups filled up

quickly, and over two days, we took pictures of 55 students to capture the perfect headshots for LinkedIn and other professional purposes. For those who did not get a chance to participate, PLS will be organizing another professional headshot photoshoot, open to all School of Pharmacy students, in the Fall, so be on the lookout for that!

As the fourth year pharmacy students are putting together their CVs for post-graduate opportunities, PLS and OSACA helped by organizing a P4-Faculty CV Matchup. Through this, we paired up interested fourth year pharmacy students to peer review each other's CVs, and also matched the students with faculty members so the faculty members could review the CV and provide helpful feedback.

Another event we have coming up is our Annual Leadership Retreat, where campus leaders are invited to come together for an evening filled with activities, bonding, and food! Our objective is to unite the leaders and facilitate the development of strong bonds and communication skills.

Keep an eye out for our events during the fall quarter, including our Info Session, Meet and Greet, Professional Headshot Photoshoot, and potentially a Resume Review Clinic. We will release applications to be a part of the UCSF chapter of Phi Lambda Sigma, a national pharmacy leadership society, by the end of fall quarter.

SNPhA: Starting Strong

By: Colette Truong
SNPhA Director of Correspondence



P1s (Ernie Lum, Jodie Fong, Wilson Vuong, Haidii Lee, Sam Trinh) at RCO Fair

This year, SNPhA truly hit the ground running with amazing turnouts at both our RCO Fair room and info session! Thank you so much to everyone who came out; It is wonderful to see the many bright and eager P1s, ready to join us in our mission to serve the underserved. For those who are looking to get even more involved, we recently released our applications for Initiative Chairs for Power

to End Stroke, Operation Diabetes, Project Keepsake, and Operation Immunization. We cannot wait to welcome our new leaders and see what great ideas they will bring to the table. Stay tuned for updates and don't forget to keep an eye out for their events!

Upcoming is our annual, much-anticipated Health Awareness Night: Breaking Language Barriers workshop on October 23rd, 2019. We will enjoy a keynote speech from a guest speaker and then break out into small group sessions where attendees will get to learn medical terminology in different languages. Mark your calendars and join us in engaging discussion regarding the issues that matter most in our communities (RSVP link coming soon)!



SNPhA Info Session

SNPhA may have started strong, but we are even more excited to continue stronger.

Kappa Psi: A New Era!

By: Leena Dolle
Kappa Psi Secretary



Kelly Lam, Sophie Xue, Adriana Gardner, and Kirsten Miller at BiFrat dinner

The brothers of Kappa Psi started the school year off with a wholesome and exciting Rush Season to welcome our new classmates. Rush events included a picnic in Dolores Park, a multi-course dinner cooked and served by the KY board, and a service event where potential pledges made care packages for people experiencing homelessness in San Francisco. This service event will be one of many that take place throughout this year,

inspired by Francesca Alcalá's (KY Service Chair) efforts to increase our fraternity's enthusiasm for aiding the underserved people of San Francisco.

With the recent close of Rush Season, Kappa Psi welcomed 44 new pledges at the Induction Ceremony! The brothers are all so happy and grateful for our future brothers and our camaraderie shined as we celebrated after their induction.



Rachel Mong, Darra Drucker, Kathryn Kellohen, and Janice Ly at a KY Rush Event in Dolores Park.

Looking forward, the Kappa Psi brothers have a lot to be excited about! With pledge season underway, our Pledge Coordinators (Brian Chen and Janice Ly) have arranged many events where brothers can mingle and bond. Additionally, we will soon welcome brothers from across the West Coast to our city as we host the Kappa Psi Pacific West Province in November. Province will be a wonderful opportunity for brothers to meet, network, and form lasting relationships.

PDC

By: Kristen Shimoda and Lisa Kasper
PDC Worthy Correspondents



PDC members and P1s mingling at our recruitment event at Emporium
PDC members pictured: David Dang, Shelly Do, Alice Wu, Jackie El-Sokkary
P1s pictured: Tiffany Tsai, Megan Phan, Diana Doan, Winny Chang, Ivy Ly, Julia Lee, Sarah Chu

The members of PDC returned to school this summer and started the new school year off with a packed schedule of events. Some of our members represented UCSF at our national fraternity conference, Grand Council. This year it took place in Anaheim where students had the chance to take an active role in changing the organization's constitution and network with students and alumni from across the United States.

Back in San Francisco, recruitment began as a new class of P1s joined the UCSF family. We showed the

best of what PDC has to offer with events such as Bifrat Dinner, Movie Night, Taco Night, and Bon Appetit. A highlight for members was congratulating P1s with red carnations following their white coat ceremony. PDC is honored to welcome 32 candidates this upcoming candidacy season, and we are excited for what the candidacy season will bring!



PDC members congratulated P1s after their white coat ceremony with red carnations.
Pictured (left to right): Lisa Kasper, Sharon Luong, Shelly Do, Bryan Herrera, Alice Wu, Fanny Ye