

# THE THERAPEUTIC WINDOW



UCSF School of Pharmacy

ASSP | SPRING 2019

## “But in clinical practice...”



*ASSP Board 2019-2020*

**By: Sally Ip**  
**ASSP President**

This quarter was a realization of how time truly passes in a flash. With the Class of 2019 graduating and the Class of 2020 off to rotations, the idea of being in their positions enters my thoughts every now and then. What seemed so far in the future, now seems so tangible as the students who we have gotten to know so closely are right where they never expected to be so quickly.

We have learned so much through countless slide decks, ever-changing guidelines, and hours searching through primary literature for drug info, but what seems to trump it all is what happens “in clinical practice.” We scoff and smile in slight disbelief of that

simple response that seems to be so far removed from our critical thinking and wonder when we will be able to gain that clinical judgment that we admire in our mentors and professors. Though, what we don’t realize is that we already have a little inside all us. I see it in my peers through their commitment in leading their organizations, their selflessness in serving our local communities, and the kindness that is exchanged between classmates. What happens in clinical practice is whatever is best to treat our patients, and I believe wholeheartedly that we all possess a purity in that simple goal that drives us.

Already approaching the end of P2 year, I breathe a sigh of relief and cannot wait to welcome the summer. Despite the hardships and stress that we

have come to accept, I am grateful of the experiences that occurred, because with struggle there is progress and growth, professionally and personally. Every day I learn something new about my classmates and I am so proud of all the students and what they have achieved. The support and encouragement that are exchanged exemplifies the strong community within the school of pharmacy. I am so thankful to be surrounded by such amazing student leaders and am eager to continue our next adventures together in the upcoming year.

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*Edited By Roy Weng*

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# Spring 2019 Student of the Quarter

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*By: Tran Truong*

*ASSP VP of Internal Affairs*

*On behalf of ASSP, I would like to award Nathan and Kirsten the Spring SOTQ for their contributions to their respective classes.*



## NATHAN DANG

*Class of 2021P*

Nathan Dang has been a wonderful classmate and friend, he is always looking to help others. In our class group, he shares many study guides that have been extremely helpful to everyone.

Nathan is always selflessly providing study resources and willing to help out classmates with a positive personality!

He posts great resources and always helps his fellow classmates.

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## KIRSTEN MILLER

*Class of 2021T*

Kirsten consistently attends class, consistently asks thoughtful questions, and is basically a secret genius (definitely a high performer). On a more personal level, she steps up to help when needed, whether it's for her fraternity or a friend. She's also hilarious. Everyone should get to know Kirsten.



# Class of 2021P: Dear Class of 2021P,

**By: Jennifer Le**  
**Class of 2021P President**



*3 generations of Class Cabinet - good luck next year P3 Class Cab!*

12 exams, 10 weeks of micro-cardiology, 3 months of summer, and 1 heck of a class! We did it, Class of 2021P. We are finished with our P2 year. It's hard to believe that we only

have 2 more quarters before most of us leave Fog City and start our APPE rotations. This year, our class won trivia night, participated in group exercise classes, taught each other through Crash Course, became rich through our Patagonia x UCSF fundraiser, conquered IM basketball, and celebrated our triumphs at our P2 banquet. Take a minute to reflect on all the knowledge, skills, and attitudes we have gained this year from our professors, mentors, patients, peers, and friends. Although this year has definitely been challenging, take some time to reflect on why you decided to pursue pharmacy at UCSF. From the very first day we walked into HSW 301 (or was it 300?) as student pharmacist up until now, we have grown so much. So take

a breather, you deserve it. Alexa, Play "Good Riddance (Time of Your Life)."



*Happy and hopeful P2s after an amazing group exercise class*

# Class of 2021T: Final Gut Feelings

**By: Mehr Virk**  
**Class of 2021T President**



*Class of 2022 Orientation Video*  
*Back Row: Roy Weng, Colette Truong, Manuel Seraydarian, Julia Dinger, Brian Lu*  
*Middle Row: Steven Pham, Mehr Virk, Kim Rosario*  
*Front Row: Mariah Foley, Catherine Chen*

As the Class of 2021T closes out its first year of pharmacy school, we've had the opportunity to reflect on our time here

at UCSF. From being strangers at orientation and not knowing how to read a fishbone diagram to choreographing dances in wellness and being able to present a fully fleshed-out SOAP note based on our own clinical judgement, we've grown together as a cohort. In the last part of this year, we were fortunate enough to take part in Dr. Ferrone's goodbye tour in renal and ended the year with Dr. Dennehy's look into the inner workings of our intestines. We've come to the end of our retail IPPEs and are looking forward to diversifying our hands-on experience and beginning our hospital IPPEs this summer. P1s are stepping up to the plate and helping to make big changes in RCOs and the orientation

team is making great strides in assuring our incoming class feels welcome as they join our pharmacy. As we look to complete our 6-station OSCE and close out our P1 year, it has truly been a memorable first year of pharmacy school and it's exciting to think how much more is to come. To the class of 2021T, thank you for an amazing first year, and here's to being that much closer to getting our PharmD!



*Class of 2021T P2 Class Cabinet Transition*  
*L to R: Jasper Truong, Mehr Virk, Thien Nguyen, Emily Plasencia, Julia Dinger, Shafat Selim, Jackie El-Sokkary*

## ACCP-SCCP: Advocating for a Clinical Difference

**By: Kathy Mirza**  
**ACCP-SCCP Secretary**



*Our new ACCP Board! Left to right, top to bottom: Brian Gac, Brandon Ross, Laura Sun, William Dager, Sarah Chong, Kathryn Mirza and Asher Jeong.*

We welcome our new board members: Brian Gac and Brandon Ross as co-presidents, William Dager as VP of Professional Affairs and Development, Laura Sun as VP of Student Research, Kathy Mirza as Secretary, Sarah Chong as ACCP Liaison, and Asher Jeong as Treasurer. We look forward to an exciting and productive year with our new board!

Our first event of spring quarter was a letter writing event and collaboration with our local professional chapter, NCCCP. We addressed the Department of Health Care Services advocating for appropriate reimbursement of pharmacists for their clinical

services. In attendance was clinical pharmacist and ACCP faculty advisor, Dr. Denetclaw, who discussed the context of the issues with students and addressed key points to include in our letters.

Second, journal club is back! We were delighted to have Julia Lee (P3) present on Antithrombotic Therapy after ACS or PCI in Atrial Fibrillation. We were likewise honored to have Dr. Shin provide feedback and guide the discussion. This quarter, journal club also included free boba drinks for the participants.

Finally, we conducted our local round of the ACCP Clinical Pharmacy Challenge. This event consisted of a written exam where the top five scores would comprise a team of three and two alternates to represent UCSF in national competition this summer and \*fingers crossed\* at the ACCP annual meeting this fall. Keep an eye out for the results which will be posted to our Facebook page ([www.facebook.com/accpucsf](http://www.facebook.com/accpucsf)) soon!



*Dr. Tina Denetclaw giving an inspirational speech at our letter writing event!*

## AMCP: Value in Friendship

**By: Ryan Thaliffdeen**  
**AMCP President**

Earlier this quarter, San Francisco Health Plan (SFHP) opened its doors to 15 of our student pharmacists, eager to learn more about the managed care space. SFHP is a licensed community health plan which provides affordable health care coverage to over 140,000 low and moderate-income families. This site visit is a unique opportunity for students to learn about the role of a pharmacist in a health plan and the population-based perspective of care that a pharmD can bring. SFHP strongly supports the growth of our UCSF student pharmacists through their participation in P&T competition judging, APPE rota-



*Photo(Left to Right): Kirsten Miller, Huy Ha, Ryan Thaliffdeen, Gabi Driller, Kathryn Nguyen, Alice La, Sharon Luong, Kyle Tran, Matthew Aludino, David Dang, Neil Shieh, Connie Yoo, Edgardo Mendoza*

tions, and their managed care residency. SFHP pharmacists were able to engage with students and answer specific questions regarding work life balance, the day to day responsibilities, and the effect of rising specialty drug costs. In

addition to the SFHP site visit, AMCP and OSACA hosted our first Kaiser Networking Night, where over 20 pharmacists from Kaiser came out to talk to students about internship and residency opportunities.

AMCP would like to thank all of our members who support our chapter with their participation. Events such as site visits and the P&T competition would not be able to exist without our passionate members. Lastly, we would like to give a tremendous thank you to our faculty advisor, Dr. Marilyn Stebbins, and AMCP diplomat, Avi Mamidi. We're excited to host brand new summer events, so please stay tuned!



# APhA-ASP & CPhA: What have we been up to?

**By: Jackie El-Sokkary**  
**APhA-CPhA-ASP Communications**  
**Vice-President**



Students and faculty pose for a group photo in Golden Gate Park at the first annual "Spring into Wellness" event hosted by the P1 committee.

First row from left to right: Jessica Wisniewski, Nadia Zargham, Sabrina Bulla, Susanna Lee, Kathy Mirza, Jacklyn Ang, and Kathryn Nguyen  
 Second row from left to right: Dr. Betty Dong, Dr. Jaekyu Shin, Dr. George Do, Christine Phan, Fanny Ye, Zac Carlson, Bryan Herrera, and Jackie El-Sokkary

This was an excellent quarter for APhA-CPhA at UCSF. Many of our members attended APhA's annual conference in Seattle, Washington and the Western Pharmacy Exchange (WPE) in Los Angeles, California. Congratulations to our WPE Quiz Bowl team--Henry Huang, Kelven

Tran, Jacklyn Ang, Kathryn Nguyen, and Bryan Herrera--who competed against teams from the 14 pharmacy schools in California, and took home 2nd place! Both of these conferences were excellent opportunities to learn about new topics in pharmacy such as guideline review, case law review, and legislative updates. Additionally, we hosted an ambulatory care panel where we heard from Dr. Virginia Chu, Dr. Betty Dong, Dr. Brian Alldredge, and Dr. Sara Jacobs on their day-to-day activities, training, and how the field is progressing. We also collaborated with CSHP and AMCP to host

the first Legislative Day Debrief. This event brought students together with pharmacists and leaders in pharmacy legislation to help students learn about the legislative process and current bills in the state senate and assembly; we learned a lot about law

and took away a few great lessons for next year's event. Our P1 committee also hosted our first annual Spring Into Wellness event where we talked, played Jenga, and relaxed in Golden Gate Park. Lastly, we hosted our end of the year banquet at the Faculty Alumni House where we enjoyed Thai food, reminisced over the great memories, and installed our new board members.



Students pose with "Grandma" at the APhA Annual Meeting and Exposition in Seattle Washington in March 2019.

Front row from left to right: Ami Okazaki, Jacklyn Ang, Natalie Alsalek, Joanna Choi, Yalda Sanaiha  
 Back row from left to right: Vivian Chen, Sabrina Bulla, David Dang, Jackie El-Sokkary, Kathryn Nguyen, Bryan Herrera, Jessica Wisniewski, Denise Lee, Sanam Rashidi

# COSA: Springing into Action

**By: Zac Carlson (APhA Director), Kelven Tran (Public Relations Director), Brenda Do (Finance Director), Jane Du (Internal Director), Janice Ly (SNPhA Director)**



Tony Le talking to a patient about the harmful effects of smoking

We kicked off this quarter with the annual Cinco de Mayo Festival health fair. Project Healthy Heart, Operation Diabetes, Operation Immunization, Project Safe Med, Project Geriatrics, Project TAP, and SNPhA's Fight Diabetes Initiative worked

together to provide free health screenings and educational information to the community. As community members of all ages stopped by, many of them were able to get their total cholesterol and blood glucose measurements done. Alongside that, they were given information from each of the projects. This was a fun setting to engage with community members while providing important services in the community.

Marking the end of another term, we celebrated a great year full of memories and achievements at the COSA Annual Banquet 2019. Advisors, preceptors, and past project coordinators all came together to look back on the many events held throughout the 2018 school year. Special recognition and awards were given to Dr. Katherine Gruenberg for Advisor of the Year, Dr. Kathy Orrico for Preceptor of the Year, Project HIV for Informational Project of the Year, Project Healthy Heart for Screening Project of the Year, Christine

Phan for Volunteer of the Year, as well as our very own Dr. Kishi for his tireless support and guidance as COSA's advisor.

We successfully hosted the Inner Sunset Farmers Market on June 2nd. At this event, volunteers representing Projects Asthma, Pediatrics, and HIV offered health information and education to members of the community. Thank you all for another successful year!



2018 COSA Board (Anjali Patel, Alice Yeh, Nisha John, Nancy Lam, Christine Lin) recognizing faculty advisor Dr. Don Kishi at the annual COSA Banquet

# CPNP: Psyched about New Beginnings!

**By: Emily Yao**  
**CPNP President**



*CPNP Board 2019-2020. Pictured from left to right: Cindy Trac (Vice President), Vickie Nguyen (Historian), Christine Huynh (Community Outreach), Emily Yao (President), Asher Jeong (Secretary), Lizzy Hays (Treasurer).*

CPNP started off the Spring quarter by attending the 2019 CPNP Annual Meeting in Salt Lake City, Utah. Second-year pharmacy students Jordan Brooks, Thalia McCann, Ana Najafi, and Emily

Yao and fourth-year pharmacy student Connie Kang presented their research posters, while our faculty advisor Dr. Patrick Finley gave a talk on the emerging mechanisms and treatments for depression. Overall, everyone who attended felt it was a great experience for networking and learning about new areas in psychiatric and neurologic pharmacy. In addition, our newly elected executive board members came together to host a movie screening of the Oscar-nominated Netflix documentary, Heroin(e). It showcased the reality of the opioid epidemic in the country and the positive impact

emergency responders and health professionals can have on this issue. We ended the quarter with our annual Panda Express fundraiser, which was organized

by our Treasurer, Lizzy Hays. We thank everyone for participating, as the funds are used to support our events throughout the year. We are looking forward to meeting the incoming class and introducing them to the fields of psychiatric and neurologic pharmacy. Get ready for pharmacist panels and roundtables, site visits, shadowing opportunities, and lunch talks!



*Students presented their poster at the 2019 CPNP Annual Meeting. Pictured from left to right: Jordan Brooks, Ana Najafi, Connie Kang, Thalia McCann.*

# CSHP: Springing into Pharmacy

**By: Kristen Shimoda**  
**CSHP Secretary**



*Caption: Students had the opportunity to network at our 2019 PAA-CSHP Career Roundtable. Pictured: Allison Lee*

Greetings from CSHP! This quarter, our new board jumped right in and put on numerous events. We started the quarter off with our annual PAA-CSHP Career Roundtable. Students had the opportunity to network and learn from pharmacists

from different disciplines including ambulatory care, infectious disease, emergency medicine, and academia. Next, CSHP collaborated with APhA/CPhA and AMCP to host the California Pharmacy Legislative Day Debrief which allowed students to learn about California Pharmacy Legislative Day 2019 from those who attended and discuss the current legislative landscape in pharmacy. We worked with Golden Gate CSHP to organize our Financial Planning Workshop where representatives from Mass Mutual gave us advice on how to manage our student loans and

future income. Then, students received valuable advice from P4s who had successfully matched into residencies this year at our annual Math Panel. At our annual Spring Banquet, UCSF-CSHP members got to celebrate the end of the

year, and our new board was officially installed. Finally, we ended the year with our "Residency 101" event led by Dr. Mandy Morris, UCSF residency program director, and some of the UCSF residents who taught us about the basics of residency and its application process. We thank everyone for their involvement this quarter, and we hope you all have a great summer break!



*P4s who successfully matched into residencies gave us valuable advice about the residency application process. Pictured: (L to R) Monique Payne-Cardona, Nicole Andrews, Shirley Ng, David Yee, YeeAnn Chen*



# LAPS: Localizing Pain

**By:**  
**Kathy Mirza, Culture and Social Enrichment Chair**  
**Nora Cortez, Vice President**



*Emily Plasencia giving her presentation on pain management using Spanish terminology.*

We are proud to introduce our new board: Rodolfo Gonzalez as our new President, Nora Cortez as Vice President, Ashley Her as Treasurer, Chris-

tine Min as Historian/Webmaster, Emily Plasencia as Spanish Lunch Talk Coordinator, and Kathy Mirza as Culture and Social Enrichment Chair. We are excited to represent LAPS and plan on having an exciting year with our new board members.

We kicked off the quarter with a Spanish Lunch Talk about pain management. Emily Plasencia did an amazing job presenting on medical Spanish terminology commonly used when describing and relieving pain. The presentation focused on key body parts that are typically affected by pain. Emily kept the audience engaged by having them repeat the Spanish terms after her. Students enjoyed some Mexican cuisine that consisted of carne asada, pollo asado, Spanish rice, beans, nachos, and pico de gallo from La Fonda for this event. LAPS had lots of fun planning this event and we hope to bring more engaging and informative events to educate students on how to effectively communicate with cultur-

ally diverse patients. We hope you had fun too and look forward to seeing you at the next Lunch Talk!

We have many more exciting events planned for the future! Keep up with us on Orgsync (<https://orgsync.com/62252/chapter>) to get the latest news.

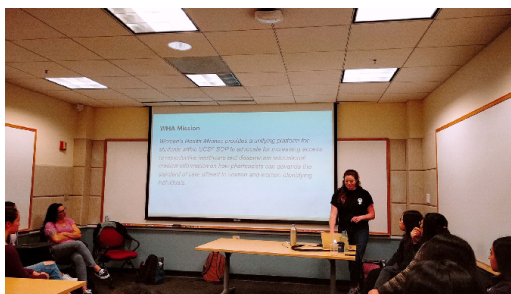


*The lunch we served at Spanish Lunch Talk containing pollo asado, Spanish rice, beans, nachos, and pico de gallo*

# NCPA: New Ideas to Serve the Community

**By: Kimberly Chow**  
**Vice President of Communications**

This quarter NCPA instated new board members and started planning for the summer and upcoming school year. NCPA President, Thalia McCann began working on a new initiative to help provide women's health services to underserved communities. NCPA has been collaborating with Komoto Healthcare & Pharmacy in order to host a women's health fair in Kern country—an area with high rates of teenage pregnancy. When word got out about the initiative other students wanted to get involved. With the interest and support a new organization was established—the Women's Health Alliance (WHA)! WHA aims to educate students on



*NCPA President, Thalia McCann presents the Women's Health Alliance to students interested in getting involved.*

healthcare topics surround women & women-identifying individuals as well as support and advocate increasing access to reproductive healthcare. WHA plans to offer informational lectures and journal clubs on relevant topics, newsletters to inform and promote new bills and policies, and volunteer opportunities to support the community.

Over the past few months, the NCPA Business Plan Competition team has been working hard to develop their new pharmacy concept. Their proposal is to create Be-Leaf Pharmacy, which is an independent pharmacy that will offer cannabis educational and consultation services. Their plan involves offering continuing educational courses to healthcare professionals regarding marijuana adverse effects and complications. Although the pharmacy will be unable to sell marijuana for legal reasons, it will provide and counseling and consultation services for the community.



*Laura Sun and Monica Vuong present their Be-Leaf Pharmacy business concept.*

## PhAMLI: “Spring” Forward Into the Next Quarter

**By: Patricia Khouderchah**  
*PhAMLI Secretary*

PhAMLI wrapped up the 2018/2019 school year with our helpful and informative resume review clinic.



*Alan Tran, Stephanie Son, and Margaret Yang reviewing a resume with a mentee.*

Mentors spent the afternoon providing the mentees with feedback on their resumes. In addition, our board took the time to provide a broad overview of the pharmacy application process for our mentees. Collectively, we provided a safe space for mentees interested in pursuing pharmacy to explore the application process and ask our mentors general questions about pharmacy school.

our workshop and enjoyed the afternoon as much as we did. We are also so thankful for our mentors who dedicated their afternoon to this event.



*Kimberly Rosario (left) and Brandon Ross (right) presenting information about pharmacy school applications.*

We sincerely hope that our mentees learned a lot from

## PLS: Picture-Perfect Leadership

**By: Alisha Vora**  
*PLS President*

This spring quarter, PLS had the opportunity to host a special lunch talk, “Journey to Becoming a Leader.” During this session, the PLS advisors, Dr. Judie Tran and Dr. Trang Trinh, shared their thoughts on what makes a great leader. They reflected upon their unique journeys to their current positions, and brought to light how each hurdle they faced during their career had motivated them to become more open-minded and driven, and helped them grow professionally. One of their memorable take away



*PLS Board '19-'20 ready to plan amazing events for you!  
(L-R) Emily Yao, Connie Chen, Emily Liang, Alisha Vora, Sharon Xu, Janelle Agustin*

points was how there are multiple paths to becoming a good leader.

One thing all great leaders have in

common are professional headshots! PLS is collaborating with OSACA to host a photoshoot for PIs to get their LinkedIn-perfect professional headshots later this quarter. We are excited for this new event!

We’ve debriefed on our spring quarter events and are hard at work planning our future events, taking special efforts to accommodate the new curriculum. Our goal is to cater events that YOU can benefit from, so please always give us feedback and let us know if there is any specific type of event you would like us to put on!



## Rho Chi: Commencing Graduates, Rotations, and New Review Sessions!

*By: Yuna Song  
Rho Chi Secretary*

Congratulations to the Class of 2018 for graduating! And congratulations to the Class of 2019 for finishing their first block of APPE rotations!

This quarter was full of transition and change. Although we as board members were adjusting to our new rotation lives, we were determined to continue being involved on campus and further supporting the academic growth of our colleagues. We this quarter off our CP

121 review session in preparation for the Class of 2020's second midterm. The review was centered around 2 case based multiple-choice and short answer questions written by our officers and proofread and validated by Dr. Jaekyu Shin. We had a great turnout of 34 students, who were all engaged in their learning with questions.



*Board Members at CP 121 Review Session  
Danh Huynh, Butter, Ryan Ng, YeeAnn Chen, Yuna Song*

Next, we continued strong with a new PC 115 Pharmaceutical Chemistry review session led entirely by our Vice President YeeAnn Chen. PC 115 has always been a challenging class for PIs, and so we held a 2.5 hour Mock Midterm Review with goals to facilitate learning in a safe space for error. The mock midterms were graciously proofread and validated by the course professors, and we had a huge turnout of 95 students!

Lastly, Rho Chi and PLS have collaborated to start accepting student reviews for our APPE Wikipedia page, which exists to guide students in their selection and ranking of rotation sites. We hope these events were valuable to your preparation for exams, and we look forward to helping you further along your path to academic success!!

## SNPhA: See y'all next SNPhAll!

*By: Colette Truong  
Director of Correspondence*

As the end of the academic year draws near, SNPhA would like to thank everyone for participating in our events and for continuously supporting our dedicated mission to serve the underserved. This past year has been SNPhAntastic, and none of it would have been possible without our amazing SOP members and beloved community partnerships. Spring consisted of not only honoring tradition, but also breaking new ground with innovation. The quarter kicked off with our annual Clinical Skills Competition, featuring much appreciated guidance and feedback from our two guest judges – Althea



*SNPhA Board 2019-2020  
Pictured (left to right): Connie Chen, Jessica Bee, Sarah Chong, Janice Ly, Colette Truong, Catherine Chen*

Han and TJ Gintjee, who are both current UCSF PGY1 Pharmacy Residents. Then came our Organ Transplant lunch talk (presented by Dr. David Quan) and first-ever celebration of World Immunization Week (WIW). Money raised from the sticker fundraiser during WIW was donated to End Polio Now, a Rotary-sponsored

initiative aimed at eradicating polio through the provision of vaccinations. Finally, all four of our initiative chairs collaborated with Dr. Crystal Zhou to present a patient case involving stroke risk, chronic kidney disease, diabetes mellitus, and missing immunizations. Participants worked in teams to discuss the case and answer challenging clinical questions.

Our last event of the year will be our annual SNPhA banquet, where we will gather to celebrate all that we've learned and accomplished this year! We will also be thanking our old board and welcoming our new board. Together, we have so much to be proud of and so much to look forward to. Until next time, SN-Pharmily!

# Kappa Psi: Almost There!

**By: Leena Dolle**  
*Kappa Psi Secretary*



*P4 Students at Graduation Ritual 2019*  
Troy Santos, Amy Yu, George Rommel, Lisa Nelson, Shirley Ng, Grace Le, Jeff Ho, Miraj Patel, Alexi Kimura, Monique Payne-Cardona, Angela Lee, Taryn Morita, Raisa Herra, Carolyn Hua, Jessica Tran, Jenny Guan, Sean Lew, Priya Vallabh

As the year comes to a close, the brothers of Kappa Psi are both saddened and proud to say goodbye to our parting brothers! At Graduation Ritual, we mingled and celebrated our newly graduated brothers and all of their achievements. We are so proud of the Class of 2019 and forever grateful for their guidance and mentorship within Kappa Psi.

While some chapters are coming to a close, others are just beginning. On

April 1st, the brothers of Kappa Psi elected our new board!

We welcome our new Regent: Rachel Mong, Vice-Regent Academic: Kirsten Miller, Vice-Regent Social: Thien Nguyen, Pledge Coordinators: Janice Ly and Brian Chen, Treasurer: Melanie Paragas, Chaplain/Risk Manager: Brandon Ross, Community Service Chair/Parliamentarian: Francesca Alcala, Historian/Webmaster: Kevin Dichoso, Pacwest Liason: Manuel Seraydarian, and Secretary: yours truly (Leena Dolle).



*KY Board Election 2019-2020*  
Kirsten Miller, Thien Nguyen, Rachel Mong, Manuel Seraydarian, Kevin Dichoso, Brian Chen, Melanie Paragas, Brandon Ross, Janice Ly, Francesca Alcala

We are all so excited to serve our brothers through the academic year of 2019-2020, especially as the Beta Gamma chapter prepares to host Province in San Francisco!

# Phi Delta Chi: Spring Brings New Beginnings

**By: Lisa Kasper**  
*Phi Delta Chi Worthy Chief Counselor*

This quarter PDC welcomed a new board of fantastic pharmacy students who have been hard at work keeping the traditions of PDC alive while also transitioning our timeline to better match the new curriculum. PDC started this quarter off with a small group hike to beautiful Golden Gate Park followed by a yummy group lunch. The small group setting allowed for more intimate bonding. We followed this up by saying good-bye to our graduating members with gifts at graduation. It was wonderful to celebrate their accomplishments and leave them with one last PDC memory.

We ended the quarter with a fun filled day in Napa and an OSCE study session where P1s honed their skills and P2s assisted as practice patients.



*Brothers after hiking:*  
(L to R) Brian Lu, Joanna Choi, Vickie Nguyen, Neil Shieh, and Francesco Nguyen



*Graduating Brothers:*  
(L to R) David Yee, Tiffany Tran, Annie Chang, Hang Nguyen, Hai Duong