

# THE THERAPEUTIC WINDOW



UCSF School of Pharmacy

ASSP | FALL 2017

## Give Thanks



Your ASSP Board 2017-2018

**From left to right, back row standing:** Nisha Iyer, Vicky Yi, Nikki Oragwam, Jessica Li, Rosalind Tom. **From left to right, front row seated:** Ashneel Krishna, Maki Usui, Justin Truong, Kate Misogas

**By: Kate Misogas**  
**ASSP President**

*Fall Quarter* is always a flurry of activity, and I am always amazed at how much can be fit into these eleven weeks. September is fully dedicated to kicking off the academic year, welcoming a new class of bright-eyed P1s, and reacclimating to student life after a summer away. Come October, we've already entered midterms (seasoned liberally with pumpkin spice everything), while November is spent either catching up on work, counting down the days until Thanksgiving break, or both! Before we know it, December has arrived and exams are on the horizon.

But before we all enter into the Finals Week Vortex, I think it's important for us to take some time to remember the good memories and experiences from the past ten weeks, as a way to put ourselves in a moment of gratitude and positivity (however fleeting it may be) before diving back into our lecture slides.

The Therapeutic Window (ASSP's Quarterly Newsletter, what you are currently reading right now) is a one way for us to look back on what wonderful things the School of Pharmacy student organizations have accomplished over these past ten weeks. I encourage you to take some time during your study breaks to see what your fellow colleagues have been up to and connect with them if something catches your eye.

Continuing to think about the events from this part quarter, I am extremely thankful for the strong community at the School of Pharmacy, from the students, to the faculty, to the administration -- everyone that makes up the "pharmily" here. With each passing year, the phrase gains a deeper meaning. As a P1, "pharmily" was a catchphrase that we were introduced to and slowly started to understand what it meant to be a student at the School of Pharmacy. The following year, being part of the "pharmily" meant a collaborative effort of getting through the P2 rite

of passage. Now as a P3, I believe this past quarter our pharmily's essence and strength has been truly apparent, especially during the times that challenged us and shook us to the core. I have found this quarter to be one of immense solidarity and personal connection within the School of Pharmacy community. No matter what we might be grappling with -- from the mundane to the seemingly insurmountable -- I continue to take comfort in hearing that these struggles are not being dealt with alone.

I am grateful to be a part of such a community that exudes and embodies genuine empathy. Our students' sensitivity to the pains, triumphs, and complexities of the human condition is a bright light in the future of healthcare.

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**Edited By Nkiruka (Nikki) Oragwam**

# Resolution in Community

By: *Rosalind Tom*  
ASSP President-Elect



ASSP Skit Night

From left to right: Annie Chang and Francesco Nguyen

With every quarter, we are presented with a new set of challenges. Whether it be the material of our academic curriculum or responsibilities of a new position, we are expected to adapt to these changes and thrive the best we can in the given circumstances. It has been said that this change is the one thing that stays constant during our time here, and it is the one quality that truly embodies the

nature of UCSF. However, I would like to argue against that. The whirlwind of events of this quarter have opened my eyes to why I am proud to be a student of the UCSF School of Pharmacy. Reason being, regardless of what may come our way, we have proven time and time again that we can stand together as a community and overcome anything.

I am grateful for this opportunity to reflect as it allows me to remove myself from the distraction of the daily hustle and reminds me to thank you. Everything that we have been able to accomplish as ASSP, up until now and looking into

the future, is the result of the efforts of the entire student body. Thank you for participating in our conversations, providing insight for improvement and allowing us to progress student life at UCSF. With that being said, I leave you with pictures of the incredible acts at ASSP Skit Night 2017, which also could not be possible without the contributions and participation from all of you.



ASSP Skit Night

From left to right: Ashneel Krishna, Karan Patel, Dylan Nand, Amir Ali, and TaeJin Parkin Park

## Students of the Quarter

By: *Jessica Li*  
ASSP VP of Student Affairs

The following students were nominated by their fellow classmates for their selfless contributions to their respective classes.

### STEPHANIE GOLAH

*Class of 2019*

Stephanie is a role model student. She's on top of her game, and I probably would have forgotten plenty of assignments had she not reminded us. She also posts a lot of random helpful websites, study notes, in-class notes, and relays information for our classes.



### KATHY LE

*Class of 2020*

I think everyone in the entire class already knows why Kathy deserves to be recognized as Student of the Quarter. With the increased rigor of P2 year compared to P1 year, she has been nothing but generous with her study guides and has really carried us through these exams, time and time again. She exemplifies the real idea of a pharmily and helping each other out. Not only that, she has planned many events for AMCP, as well as APhA. She has done a lot for not only the P2s, but also the P1s since she is a TA for biochemistry. She does it all. She's a miracle worker. We are so grateful for you, Kathy Le!

### JANELLE AGUSTIN

*Class of 2021P*

She is sweet, dedicated, and confident in her ability to lead her class as the P1 Vice President. She has been working very hard to keep our class afloat in all aspects of the school of pharmacy, including academics and as VP. Janelle has put an incredible amount of effort into our Skit Night video, from creating the script and planning out the filming days, to editing it and compiling all of the clips into the final video! This is our chance to show the rest of the school how awesome our class is, and Janelle spearheaded this project. She's not only organized and hardworking, but also genuine and always willing to help. She truly deserves student of the quarter.

## Class of 2018: Facing The Future

*By: Steven Samuels*  
*Class of 2018 President*



*Classmates reconnect at CSHP Seminar.*  
*(Left to Right: Miah Pollack, Tamara Cisowska, Devin Erbay, Katherine Kazanjian, Jefferson Cua, and Hindu Rao)*

Our class again faces future challenges and opportunities. Many of us are in the middle of preparation for residency, fellowship, or other postgraduate training. The ever-popular CSHP Seminar brought class-

mates together in Las Vegas, while ASHP Midyear will draw many to Orlando. As we ruminate on the five- or ten-year plan that we will recite for upcoming interviews, we are in a transitional tempest of rotations and looming graduation, board exams, and the privileged burden of finally becoming a practitioner.

We face future challenges and pain. Losing our beloved classmate and friend Sarita Wanichpan is a reminder to us all of the “human condition”. The shared experience not just in our admission essays to get here, but our lives as they interweave and are again untangled. Yet our Curriculum Vitae can never *quite* be polished enough. Yet our emails to potential employers can never *quite* be professional enough. And yet our frayed fabric is *still* enough for each other and our patients.

We face future opportunities and hopes. Our current and future patients, and fellow classmates, need to know that we are exactly what each other needs. Changing *all* lives for the better (with our profession as one of the best tools we have). In the tumult of our ever-changing healthcare system, we are a constant force for good. And the Class of 2018 will face the future together.

## Class of 2019: Turbo Kicking Our Way Through

*By: Shirley Ng*  
*Class of 2019 President*

P3 year is a little different from the previous two in which there are many new “lasts”. Our last first day of school, our last formal, our last skit night—you name it. For me, it is a bittersweet year, filled with the excitement of our up-

coming rotations accompanied with the sense of fleeting time. With that being said, juggling academics and playtime is now essential as we scrape to make the last few months of school as memorable as possible. We kicked off the quarter with a class social at SPARK, recapping

our many adventurous summers while roasting marshmallows by the fire before soon finding ourselves lost in flower diagrams, public health protests, and back-to-back midterms.

Being lost in these busy moments during pharmacy school has allowed me to truly appreciate and cherish the times that we have with each other. We close out our last fall quarter here at UCSF with memories of our huge presence at CSHP



*P3s gathering for their 3rd annual Friendsgiving dinner*

seminar in Las Vegas, our 3rd annual Class of 2019 Friendsgiving, a successful P1/P3 ice cream social, invigorating group exercise classes, photos from our first ever #sP3ritweek, and many others. Let's head into our final didactic quarter with the same momentum, and may the laughter, smiles, inside jokes, and happy hours never cease.



*Newly minted P3s enjoying their last bit of summer at SPARK*

## Class of 2020: P2 Year

**By: Ashneel Krishna**  
**Class of 2020 President**



*P2 Kaiser Interns*

**Left to right: Back Row – Vinh Ho, Chris Ong, Jasper Hai, Ashneel Krishna, Marvin Argueta, Henry Huang, Anthony Lui, Kevin Sam, Edward Jierjian Front Row: Grace Lee, Sharon Zhong, Stephanie Sin, Carol Ou, Kim Vo, Jenny Zhou, Shirley Ng Xiao, Denise Tan, Emily Hsu**

The moment we stepped foot onto this campus, we heard about the dreaded P2 year. Yet, as a class, we remained hopeful. During the summer between our P1 and P2 year, many of us took on prestigious internships.

Some of us travelled out of country, and a few of us stayed in the city and explored it. We began the fall quarter nervous yet excited.

We started our quarter off by welcoming the P1 class with open arms, thanks to the amazing efforts of Jessica Li and Jasper Hai. Despite a rainy kickoff day, we showed our excitement and went out of our way to make our perfectly matched P1 buddies feel at home. However, before we had even completed week 1 of our P2 year, we quickly realized that life as a pharmacy student was about to become very challenging.

In one short quarter, we have struggled in every possible way imaginable, but one thing that hasn't surprised us is our resilience. We have proven that as a class, we are strong when we support one another. We shared our study guides with one another (thanks Kathy Le!).

We celebrated the amazing efforts of our intramural basketball team (yay Cephaloscorin!), who put on a fight every single game. We celebrated one another's birthdays and attended concerts and shows together. One of us even got married! Congratulations to Michelle Bretschneider on her marriage!

As we complete the first quarter of our P2 year, we realize that we are still learning and growing. In one short quarter, we have learned to make the best of the worst circumstances and remain steadfast to our goals. We are confident that each one of our P2 classmates is a game changer in our community and whatever struggles lie ahead of us, we will be prepared for it.



*Meme Picture Credit: Jasper Hai*

## Class of 2021P: To New Beginnings!

**By: Kevin Le**  
**Class of 2021P President**

In the build-up to our white coat ceremony, the Class of 2021P gasped as we were told that the next time we would take a class photo would be as we were to prepare to graduate from UCSF. We had only been in school together for a few short weeks but the P1's, as a newly formed Pharmily, were able to smile and rejoice together as we received our white coats and proudly took on the Oath of a pharmacist.

The road of becoming a pharmily began well before even we set foot in San Francisco, as meet ups between classmates took place in both Southern and Northern California as early as May and continued throughout the summer. Orientation was here faster than any of us ever expected and, in a blink of an eye, all the P1's were together at Golden Gate Park for the very first time wearing bright blue shirts and participating in bonding activities, even with the rain welcoming us to San Francisco. Bonding continued throughout the quarter as P1s finished our first set of midterms, learned how immunize, created our Mean Pharms Skit Night Video, and as a group, have acquainted ourselves to life at UCSF.

Although we are just beginning to know each other, we are glad to be unified as a pharmily and look forward to making the most of the time we have at this university!



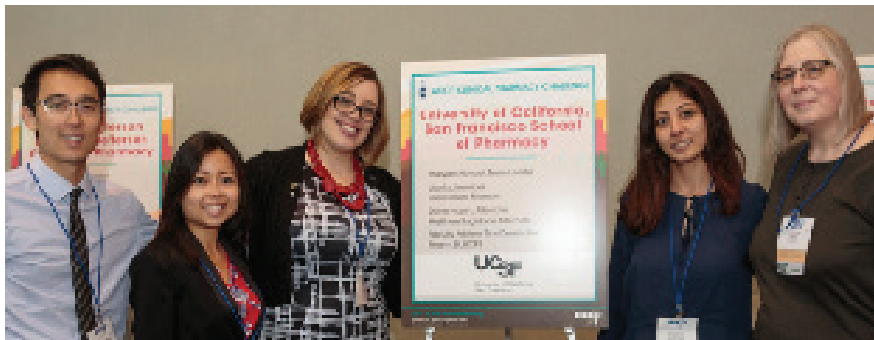
*P1's Rock Climbing at Mission Bay!*

**Names (starting left):** Kevin Le, Jimmy Nguyen, Tek, Teklehaimanot, Curtis Yu, Andrew Munoz, Kyle Merchant, Tony Le, Tin Vu, Andy Wong, Janelle Agustin, Angela Chang, Jennifer Le, Sally Ip, Allison Lee, Nhi Le, Christine Lin

## ACCP-SCCP: Starting Research in the Fall-Top Notch Clinical Pharmacists

**By: Rachael Gordon and Mathew Sugidono**  
**ACCP-SCCP President-Elect & President**

The ACCP-SCCP chapter at UCSF provides student pharmacists with leadership opportunities, skill development, and mentorship from pharmacists in clinical practice and research. We started the quarter off with our Clinical Pharmacy Challenge (CPC) Team, which placed as finalists at the 2017 ACCP Annual Meeting. Congratulations to team members (Maryam Havaei, Lisa Le, Lisa Nelson) on their massive accomplishments. A special thank you to our faculty advisor, Dr. Tina Denetclaw and Dean Joe Guglielmo for their continued support in our UCSF team.



*ACCP-SCCP at UCSF at ACCP Annual*

**From left to right: Mathew Sugidono (ACCP-SCCP President), Lisa Le and Lisa Nelson (CPC Team Members), Maryam Havaei (CPC Team Leader), Dr. Tina Denetclaw (Faculty Advisor)**

Following our team's success, the SSCP at UCSF board implemented a string of successful recruitment events to inform

UCSF student pharmacists about ACCP-SCCP opportunities in clinical practice and research. We kicked off our programming with a quarterly lunch talk with representatives from Achaogen, including UCSF alumna Dr. Allison Komirenko. This lunch and learn allowed students to explore postgraduate fellowship opportunities and potential APPE rotations in industry. Next, we hosted an interactive journal club with Dr. Conan MacDougall on the effectiveness of influenza vaccines.

In addition, we rolled out our 2nd quarterly ACCP Coffee Breaks program, giving students the opportunity to meet with 7 different faculty members.

Lastly, congratulations to our new P1 representatives, Bryan Gac and Kyle Merchant. They will be coordinating

the 3rd Annual ACCP Clinical Research Challenge (CRC). Next quarter we will be hosting our 3rd Annual Winter Research Roundtable, a special industry pharmacist night, and our quarterly events (lunch talk, journal club, Coffee Breaks). Have a wonderful Winter Break UCSF Student Pharmacists!

## AMCP: Fall Festivities

**By: Cindy Nguyen and Claire Nichols**  
**AMCP President-Elect & President**

Fall has consistently proven to be AMCP's most eventful and exciting quarter. We kicked off this quarter with our New Member Social, meeting several of the class of 2021-P. P1 Elections brought our board two amazing representatives: Madeena Siddiqui and Ryan Thaliffdeen.



**From left to right: Brandon Chhan, Kathy Le, Madeena Siddiqui, Emily Hsu, Ryan Thaliffdeen**

With the amazing work of Tae-Jin Park and Karan Patel, we hosted our 11th An-

nual AMCP Round Table with our keynote speaker being a UCSF alumnus, Lisa Ghotbi. As Pharmacist Director of the San Francisco Health Plan, Lisa Ghotbi shared her extensive experience and knowledge with attendees. This quarter also included a site visit to McKesson Corporate, a healthcare giant that is involved in distribution, health technology, and consulting services, to name a few. We thank Sharon Zhong for organizing such a great event. Another highlight of this quarter was the collaborative Pharmacy Internship Panel Night with APHA and CSHP. Thank you, Emily Hsu and Kathy Le for all of your



*Another successful AMCP Roundtable with great students and leaders in the Pharmacy profession*

hard work making this event as helpful and informative as possible. In addition to these events, we also had two electives that are close to AMCP: the P&T Competition and the Managed Care elective. We would like to thank our Coordinators (Brian Ma, Cindy Nguyen, Brandon Chhan, Sharon Zhong, and Vinh Ho) for all the work they have done this quarter. We are excited to hear the results of this year's competition's drug.

# APhA-ASP & CPhA: Reaching New Milestones

By: **Sanam Rashidi**

**APhA-CPhA-ASP President-Elect**



*Student volunteers screened blood sugar levels and counseled participants on regular exercise and good nutrition.*

*From left: Neala Rafijah, Kendall Kehr, and Lisa Vuong.*

Fall 2017 was an eventful quarter for APhA-CPhA. This year we were joined by two very inspirational speakers at our information session: Keith Marciniak from APhA and Heidi Peterson from Rite Aid. Students learned about the extensive opportunities offered by APhA, both locally and nationally, as well as different leadership opportunities within community pharmacy. The quarter

continued with multiple occasions to welcome the new P1 class and support them in professional development at our Resume Review Clinic (held with PLS/OCSD), network with pharmacy directors and interns at our Pharmacy Internship Panel Night (held with AMCP/CSHP), and learn about legislation at our Policy on Tap event. Students also showcased their counseling skills in the National Patient Counseling Competition, while reinforcing the role of pharmacists as health care providers and educators.

In October, Project Healthy Heart, Operation Diabetes, and Generation Rx participated in Talk with a Pharmacist Day at Hillsdale Shopping Center to raise public awareness of the services pharmacists offer, and provide free health screenings and education to individuals who may not otherwise have easy access to these services. In recognition of our efforts to increase the visibility of the pharmacy profession, the UCSF Chapter of APhA-ASP received a proclama-

tion from Mayor Edwin Lee, who officially recognized October as “American Pharmacists Month” for the City of San Francisco! Additionally, our Policy VP, Jeni Hagan, represented UCSF at this year’s Midyear Regional Meeting in proposing a resolution titled, “Comprehensive Specialty Medication Management,” which was successfully passed by our region’s APhA-ASP delegates. Finally, we would like to welcome this year’s APhA-CPhA P1 Representatives, Jessica Wisniewski and Vivian Chen!



*Students receiving a Proclamation from the Mayor’s office celebrating American Pharmacist Month! From left: Trung Ky, Mindy Yuan, Jeni Hagan, Alisha Vora, and Nhi Ta*

## COSA: Lending a Helping Hand

By: **Esther Yang (Finance Director), Grace Lee (Public Relations Director), Jennifer Shieh (APhA Director), Jessica Ngo (Internal Director), and Tommy Lam (SNPhA Director)**

Over the summer, as the UCSF PGY1s prepared for their first year of residency, COSA coordinated a hands-on residents training. Project Healthy Heart, Operation Diabetes, and Project Geriatrics provided hands-on training for 15 residents while Operation Immunization and Project Brown Bag provided valuable training about their screening process.

COSA also had the unique opportunity to teach international pharmacy students from Tokyo University of Pharmacy and Life Sciences about how we help our community through health fairs. It was a privilege to have UCSF

students from Operation Diabetes, Project Nutrition, and Project Healthy Heart and TUPLS students share their pharmacy school experiences and create unforgettable memories.

COSA kicked off the school year with the annual Talk With a Pharmacist Day Health Fair in collaboration with Peninsula Phar-



*Volunteers Hosna Tabatabaifar and Lisa Vuong go through a checklist prior to providing cholesterol screening. Volunteers Hosna Tabatabaifar and Lisa Vuong go through a checklist prior to providing cholesterol screening.*

macists Association. With representatives from three screening projects and four informational projects, COSA screened and educated over 200 patients at the Hillsdale Shopping Center while promoting American Pharmacists Month.

COSA hosted our annual Training Extravaganza to prepare new students to serve as project volunteers. Over 100 students learned how to perform health screenings, provide health information, and address important community questions.

We concluded this quarter with the Heart of the City Farmer’s Market Health Fair. Seven projects provided health information and screenings. HOTC was an exciting event as P1s were able to participate in their first health fair! As we look ahead into the school year, we are excited to work with our newly trained residents and volunteers at our upcoming health fairs!

# CSHP: Networking, Residencies, and Vegas!

**By: Jacey Nishiguchi**  
*CSHP Secretary*

This fall was action packed with events for the members of CSHP. We kicked off the year with the Clinical Skills Competition. Out of the 13 teams who competed, Claire Bainbridge & Steven Samuels won first place in the local competition and continued on to win the state competition at CSHP Seminar in Las Vegas this past October! In addition to hosting the competition, CSHP Seminar also offered students the opportunity to network and attend educational sessions, Quiz Bowl, and Residency Showcase. Seminar was an incredibly fun and invaluable event that allowed students to meet



*CSHP Board with our advisor Mike Trillanes and UCSF alumnus Johnny Rau.*

*Back: Johnny Rau, Jonathan Nguyen, Jasper Hai, Brian Ma, Andrew Munoz, Taryn Ng, Mike Trillanes.*

*Front: Stephanie Sin, Jacey Nishiguchi, Alexi Kimura, Carol Ou, Cameron Heshmati*

peers from other schools, mingle with alumni and professionals, and learn about the possibilities of residency and life after pharmacy school. Sticking with the theme of residencies, this quarter we also hosted our annual Residency Roundtable. We had 12 programs attend and there wasn't an empty seat in the room as students chatted with directors to learn more about their programs and how to prepare for residency. A new event we held this year was the Networking at a Conference Workshop and Panel that we co-hosted with OCPD. We were able to learn networking skills from OCPD and received tips from UCSF Pharmacists based on their experience recruiting at Residency Showcase and from attending networking events themselves. Overall, it was a great quarter and we're looking forward to hosting more events in the Winter!



# LAPS: ¡Felices Fiestas!

**By: Marvin Argueta**  
*LAPS President*

¡Hola amigos!

We have had a wonderful quarter, instilled by the bright energy of the P1 class and wise voices of the upperclassmen. We welcomed faces new and old to this quarter's Spanish Lunch Talk, Rooftop Run, and Tacos y Salsa Night.

This year's Lunch Talk featured English to Spanish translations for common phrases that can be used among all health disciplines. Topics included how to introduce yourself, how to offer assistance, and performing a medical history. The Lunch Talk culminated with an exciting Jalapeno Eating Competition. Students pushed themselves to eat as many jalapenos as they could. Of course,



*The LAPS Board celebrating a successful Tacos y Salsa Night with their Preceptor and MC/Salsa instructor for the night.*

*From Left to right: Marvin Argueta (LAPS President), Nancy Ramirez (P1 Representative), Clarice Resso (P1 Representative), Erecia Nguyen (LAPS VP and Lunch Talk Coordinator), Joel Gonzalez (LAPS Preceptor), Bianca Rojas (CHE Liaison), Alisha Vora (Treasurer and Lunch Talk Coordinator), Nikki Oragwam (Cultural Enrichment Chair), Dahlia Morovati (CHE Liaison), middle front: Mario Luis (Tacos y Salsa Night Salsa Instructor).*

everyone was also able to enjoy tasty Mexican cuisine, including tacos and nachos.

The Rooftop Run held every year at Ruth Asawa School of the Arts brought the community together to participate in a jog around a quarter mile track, as well as enjoy delicious food and learn about healthy eating. LAPS members, in coordination with our preceptor Joel Gonzalez PharmD., were privileged with providing students and parents with tips for healthy eating and blood pressure screenings.

Finally, we celebrated this quarter with the annual LAPS Tacos y Salsa night. Students from all schools come out to enjoy tacos, take photos together, and learn some fun Salsa, Bachata, and Merengue moves from instructor Mario Luis. This event served as a great way to break from everyday routines and brought us together under the delights of food, music, and dance.

Gracias, for joining the LAPS family and starting off this school year on a high note.

## PLS: Are you a Leader? Be the Change, apply to be a PLS Member!

**By: Oscar Merino**  
**PLS President**

The Pharmacy Leadership Society membership drive has officially kicked-off this quarter! During the last few weeks many of you came out to our events to learn more about PLS, and what we do. Thank YOU



*Current PLS members shared their experiences with interested applicants during our Meet & Greet*

so much for the great turnout and your insightful questions during the PLS Info Session and Meet & Greet events!

PLS's mission is to support pharmacy leadership by recognizing leaders and fostering their development. To accomplish this mission, we focus on collaborating and organizing events, such as Resume Review Clinic, CV Matchup, workshops with OCPD, and many other opportunities to get direct exposure to pharmacy leaders. Our current Faculty Advisor is Dr. Kirby Lee, and many other notable faculty members include Marcus Ferrone, Jaekyu Shin, Marilyn Stebbins, Conan MacDougall, and Dean Joseph Guglielmo. Joining PLS is a fantastic way to stay involved, to get recognized by other peers, to extend your professional network and to give back to our wonderful profession.

If you were not able to attend our drive events, more application details including



*Fall Leadership Retreat organized by PLS gathered leaders from many RCOs to reflect on current challenges and opportunities for our organizations*

forms are now available at the PLS Orgsync page: <https://orgsync.com/62275/chapter>. P2s and higher classes are eligible to apply. Please submit ALL application materials to [ucsfplsapplication@gmail.com](mailto:ucsfplsapplication@gmail.com) by Sunday, December 17th at 11:59PM (Pacific Time). We will share final decisions by Winter Quarter 2018. Please reach out to any PLS Board Members, or if you have specific questions contact Brian Ma, our VP of Membership ([Brian.Ma@ucsf.edu](mailto:Brian.Ma@ucsf.edu)). We look forward to reviewing your applications!

## Rho Chi: Another New Beginning

**By: Ryan Ng**  
**Rho Chi President**

The Rho Chi Society is the academic honor society of pharmacy and offers membership based on academic achievement. Over the past years, one of the trademark characteristics of UCSF's Rho Chi Society has been its fluidity. The organization has maintained a flexibility to operate differently almost every year while maintaining one guiding vision: to encourage intellectual leadership and support the students in their academic endeavors. This Fall, Rho Chi initiated 10 members from the Class of 2018 and 13 members from the Class of 2019, and we are excited to put our vision into action for your benefit!



*Rho Chi Board*

*Names from Left to Right: YeeAnn Chen, Jung Kye, Ryan Ng, Danh Huynh, Yuna Song*

Before the quarter is over, Rho Chi will be hosting a BPS 121 review session for the P2s. As we prepare for the upcoming quarters, we plan to construct a functional website for ease of communication and maximize on the strengths of our members to prepare a variety of workshops and reviews on challenging topics. Although Rho Chi has historically solely been involved in tutoring and teaching, we hope to serve as a role model organization for the school of the core principles of our profession, namely the usage of the knowledge and understanding we have been given to benefit our community and build a brighter future.





# SNPhA: Welcome to the SNPhARMILY!

**By: Lara Barsoumian**  
*SNPhA Secretary*



*Some of the board members before the SNPhA information session!*  
**Pictured left to right:** Shirley Ng Xiao, Stephanie Pang, Nicole Andrews, Tommy Lam, Alison Chen, Sally Pham

With a blink of an eye, our eventful quarter is coming to an end. There was a lot of planning and anticipation for the 2017-2018 academic year. Within the first couple weeks we had our first event, the Health Disparities Night: Breaking Language Barriers, which included keynote speaker Dr. Jason Wong from the San

Francisco Department of Health. A multitude of students came to learn about the challenges that can arise with communication barriers and were able to break out into smaller groups to learn basic medical terminology in languages such as Tagalog, Russian, and more.

In addition, students had the opportunity to tour and learn about the Tenderloin Health Services clinic. As part of the HealthRIGHT360, the Tenderloin Health Service clinic provides affordable health-care with an array of services that includes conventional practice of prevention and treatment of disease, along with non-Western medicine. Tony Nguyen, one of the clinical pharmacists at the site, gave a tour of the clinic and allowed the students to be informed about the inter-professional ca-

reer options that are available. SNPhA board gained inspired and motivated P1 representatives and initiative chairs. Some events that will be held in the near future include the AIDS World Day, Mental Health Awareness Night, and more clinic visits. We continue to grow professionally and learn about opportunities



*Welcoming the P1s at the RCO fair!*  
**Pictured left to right:** Nicole Andrews, Sally Pham

available as future pharmacists who serve the underserved.

## Comic



*Comic By: Jorge Cham*

# Kappa Psi: New Journey

By: *Stephanie Seav*

*Kappa Psi Corresponding Secretary*

Without a doubt, these past months have been an eventful one for the Kappa Psi Beta Gamma chapter. The



*Raffle ticket winners at the PacWest Province in Sacramento, CA. (Left to Right): Kevin Sam, Justin Truong, Jeffrey Shaffer.*

energy among the brothers and potential pledges was exceptionally high and welcoming in all of our Fall Rush events. The lineup of rush events include: Info and Internship Night, Halloween Party, OSCE Prep, and a new addition of Pumpkin Carving. Furthermore, the PacWest Province hosted by the Epsilon Iota chapter at Sacramento, California was a wonderful experience and amazing opportunity to meet fellow brothers of our province and deepen connections. We look forward to attending the next one at San Diego, California. As rush season comes to an end, the brothers of Beta Gamma welcomed in 49 new pledges.



*KY Pic 2.jpg An amazing bowling night after the First Pledge Meeting with the brothers and pledges.*

Pledge season has officially started. We kicked it off with our classic Chill and Grill hike at Lands End and traditional bowling night after the First Pledge Meeting. We are excited for what is in store for the pledges as they embark on this new journey with us.

# Phi Delta Chi: An Amazing Autumn Experience

By: *Carol Lee*

*Phi Delta Chi Worthy Chief Counselor*

Every fall quarter is filled with a *rush* of emotions— anticipation of the hustle and bustle of a new school year, excitement in meeting the new P1 class, and pride in the sheer amount of work we managed to accomplish once again in these ten short weeks.

This Fall, Phi Delta Chi planned over nine events for our brothers and the P1s. From an assortment of delectable desserts at Bifrat to our famous Taco Night to the festivities of the annual Birthday Bash, our events are certainly instilled with a common theme— bonding with friends over good food. We are particularly proud of Bon Appétit, our three-course gourmet dinner complete with Italian sodas, table service, and unlimited seconds and thirds. Brothers, especially our rush coordinators,

worked hard to ensure that the food was delicious and that everyone felt warm and welcome at our PDC House.

The rush of the season culminated in our Thanksgiving Dinner, where we were joined by brothers in all classes, our new prospective brothers, and our esteemed alumni. With the array of homemade food (and whole turkey legs!) and everyone looking on point in their dress-to-impress attire, we felt thankful for the brothers we have by our side and the brothers that we would soon gain into our PDC family.



*The brothers of PDC taking a moment to get together before serving the P1s dessert during BiFrat.*

It's incredible to think of all the memories we've shared and all the friendships we've formed just in the past two months. And luckily enough, there is even more to look forward to in the

new year with all the phenomenal, delicious, and chill&conservative #zetadays to come!